



♥ What is MOPS?

MOPS is a non-profit, international program created specifically for you, a mother of young children. All moms have unique needs, and our Cornerstone MOPS group strives to meet those needs by providing:

- Opportunities to develop new and lasting friendships with other moms
- Experienced, Biblically-based guidance about womanhood, marriage, parenting and family
- Practical tips for surviving the preschool years (and beyond!)
- Fun crafts to develop a woman's inner creativity

♥ What is MOPPETS?

MOPPETS is a program for your 2–5 year olds, offering quality care while you enjoy a morning with other moms. Children are grouped into age-appropriate classes with loving, qualified caregivers. Fun games and activities promote your child's motor skills and social development. MOPPETS activities include:

- Bible stories, rhythm, music and singing
- Arts and crafts
- Indoor & outdoor play
- Snack and lunch time

Registration in MOPPETS is limited in order to maintain high-quality childcare, so register early!

♥ MOPPETS Nursery Care

We understand that infants and young toddlers (ages 0-2) require special attention. Our caregivers provide safe, comforting care for your littlest ones, including feeding, diaper changes, stroller walks, and naps—maintaining your child's schedule as much as possible.

♥ What Moms Say About MOPS

"I look forward to going to MOPS weekly. It is so nice to have some time to talk, uninterrupted, with other moms, to share common concerns and to encourage one another...and to have a time set aside without the pressure of doing household chores! Having a regular time away from my children has been good for them and for me. My children really enjoy MOPPETS. They are excited to see their new friends and teachers, and I don't have to worry about them because the caregivers have all been so kind and loving."
— Debbie L.

"When I joined MOPS I was looking for a safe environment for my son to interact with other kids. This would be his first social situation and I wanted it to be special. I thought a session for each of us (MOPS and MOPPETS) was a great concept. We know our kids are well cared for by women who are moms themselves. For myself, I found a place where I could learn from other moms, as well as from the great guest speakers. MOPS has enriched my life so much more than I could have ever expected."
— Carrie K.

"Being a new mom, there was a sense of excitement as well as a feeling of being overwhelmed. MOPS helped calm that feeling and gave me a sense of direction and normalcy. The topics are terrific, the crafts are fun, the fellowship is supportive and encouraging, and the interactions with other mothers have been so uplifting. It's also reassuring to know that during MOPS my child is being cared for by responsible, loving caregivers, and she will be interacting with children of similar age. MOPS has helped me to become a better individual, wife, and most importantly, a more confident mother."
— Rebecca L.

MOPS Fall 2009

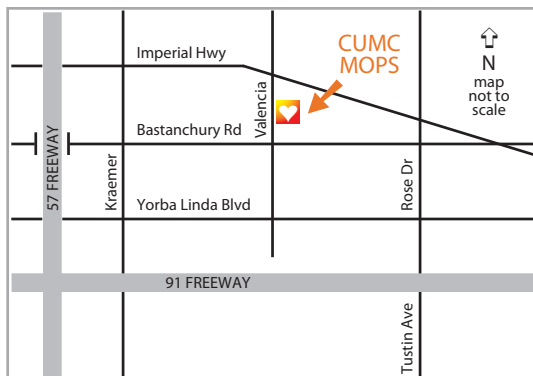
September 22 – November 10
Tuesday mornings, 9:30 am – 12:00 noon
8 weeks

Mom only \$48
Mom + 1 child \$80
Each additional child \$20 each

Fees go toward craft supplies, MOPPETS curriculum, childcare supplies and MOPS International. With each registration, you will also receive a one-year subscription to MomSense, a magazine just for moms of preschoolers, and a package of gifts for you and your child from MOPS International.

MOPS receives additional funding from Cornerstone United Methodist Church to help pay for guest speakers and other expenses. We are grateful to Cornerstone for their generous support.

For more information...
Cornerstone MOPS cumc.secretary@gmail.com
MOPS International www.mops.org



Cornerstone United Methodist Church
2050 N. Valencia Ave, Placentia, CA 92870
714.528.3068 www.c-umc.info

Registration for Moms

Your Name _____

Address _____

City _____ Zip _____

Home Phone () _____

Cell Phone () _____

Email _____

Birthday (optional) _____

Occupation before motherhood _____

Your Doctor _____

Phone _____

Medical Group _____

Policy # _____

Husband's Name _____

Daytime Phone _____

Occupation _____

Do you attend church? YES NO

Name of church _____

How did you hear about our MOPS group? _____

Mom only \$48
Mom + 1 child \$80
Additional child(ren) ... \$20 each

Payable to Cornerstone UMC

Amount Paid _____ Check # _____

Mail your check and this completed registration form to:
Cornerstone MOPS, 2050 N. Valencia Avenue, Placentia, CA 92870

Registration for Kids

Check here if you are NOT bringing your child to MOPS ☐

Name of child(ren) attending MOPPETS _____ Birth date _____

Your Child's Doctor _____

Doctor's Phone () _____

Policy # _____

Allergies or special needs (indicate child's name) _____

Emergency Contacts (note who may pick up your child)

1. Name _____

Relationship _____

Daytime Phone _____

2. Name _____

Relationship _____

Daytime Phone _____

List any concerns or special requests, and briefly explain (such as child's room assignments). We can't make guarantees, but we'll try our best to accommodate your request.
