Early Developmental Checklist
Ages Newborn to Six Years Old
Use as Needed for Special Needs Children over Six

Gross Motor Skills
___ Turns head to both sides
___ Lifts head
___ Hold head to one side
___ Extends both legs
___ Rolls to side
___ Kicks legs and feet
___ Holds chest up with weight on arms
___ Rotates and extends head
___ Pulls to sit
___ Hold head steady in supported sitting
___ Sits with some support
___ Bears some weight on legs
___ Bears some weight on arms
___ Sits for a short time while leaning on hands
___ Holds head erect while leaning forward
___ Sits independently for a lengthy time and may put use hands
___ Bears most weight on legs
___ Lift head and assists to be pulled to sitting
___ Hold weight on one hand
___ Gets to the sitting position without assistance
___ Bears most weight on legs and bounces
___ Goes from sitting to creeping
___ Stands holding on
___ Pulls to standing on furniture
___ Crawls backwards
___ Demonstrates balance skills
___ Lowers to sitting position from furniture
___ Creeps on hands and knees
___ Walks holding onto furniture
___ Stands momentarily
___ Stands for several seconds
___ Stands for a minute or more
___ Stands well on own
___ Bends and gets item/toy
___ Walks well
___ Show balance reaction in kneeling
___ Falls to sitting position
___ Walks backwards
___ Creeps upstairs
Walks without support
Walks sideways
Runs
Bends over and looks through legs
Balance reaction shown in standing
Throws ball forward
Pulls a toy while walking
Throws toy
Walks upstairs holding the rail- both feet on the step
Walks downstairs holding the rail- both feet on the step
Picks up toy from the floor without falling
Walks on one foot with help
Walks upstairs with one hand
Carries large toy while walking
Backs into a small chair
Kicks ball forward
Throw ball into a box or area
Runs well
Climbs to adult chair/sofa, turns around and sits
Walks downstairs with one hand being held
Squats in play
Jumps in place using both feet
Goes up and down while standing
Stands on tiptoes
Walks with legs close together
Catches large ball
Rides tricycle
Walk down bottom stair alone
Jumps around twelve inches
Initiates one foot standing
Walks on tiptoes a few steps
Jumps backwards
Walks backwards ten feet
Jumps sideways
Jumps on trampoline with adult holding hand
Walks upstairs alternating feet
Jumps over string or other object two or more inches high
Hops on one foot
Catches a bounced ball
Jumps around a twenty inch distance
Stands on one foot for several seconds
Walks on tiptoes ten feet
Uses pedals on tricycle appropriately
Climbs on toys
Catches an eight inch ball
Jumps a distance of two feet to almost three feet
Avoids obstacles in path
Runs on toes
Makes sharp turns around corners when running

**Fine Motor Skills**
- Looks at colorful objects
- Moves arms symmetrically
- Follows a moving person with eyes
- Stares and gazes
- Keeps hands open 50% of the time
- Reaches toward toy without grasping
- Blinks at sudden visual stimulus
- Eyes follow in different positions
- Looks from one object to another
- Grasps rattler and other toys actively
- Looks from 1 object to another
- Looks at distant objects
- Drops object
- Recovers objects
- Clasp hands together
- Follows with eyes without head movement
- Reaches for objects with both arms
- Reaches for toy followed by momentary grasping
- Reaches and grasps objects
- Watches others scribble
- Transfers cubes or other objects from hand to hand
- Bangs objects on a table or other object
- Attempts to get tiny objects
- Manipulating toys with wrist movement
- Reaches and grasps object with extended elbow
- Rakes tiny objects like raisins
- Uses basic pincer grasp
- Bangs two cubes held in hands
- Removes pegs from pegboard
- Takes objects out of container
- Extends wrist
- Releases objects voluntarily
- Pokes with index finer
- Uses advanced pincer grasp
- Tries to scribble
- Uses hands freely
- Shows preference for one hand
- Grasp crayon
__Puts objects in container
__Places one block on top of another
__Marks paper with a crayon
__Puts three or more objects in a container
__Builds a tower with two cubes
__Places one peg in pegboard
__Points with index finer
__Dumps/Inverts small container to obtain tiny object like raisins
__Puts many objects into a container and does not remove any
__Puts tiny objects into a small container
__Uses both hands in the middle of the body
__Builds a tower using three cubes
__Places six round pegs in pegboard
__Imitates vertical scribble movement
__Builds tower using four cubes
__Imitates circular scribble movement
__Imitates folding paper
__Builds tower using six cubes
__Holds crayons with thumb and fingers
__Strings a big bead on string
__Snips with scissors
__Folds paper in half
__Copies a circle
__Places six pegs in pegboard
__Builds tower using eight cubes
__Snips on line using scissors
__Builds tower using nine cubes
__Strings several big beads on string
__Holds pencil with thumb and finger adult like grasp

**Language Skills**
__Responds to the noise of a bell
__Vocalizes without crying
__Laughs
__Squeals
__Turns to voices
__Imitates speech sounds
__Says Dada or Mama
__Says words other than Dada or Mama
__Combines two different words
__Points to a named body part
__Names a picture
__Follows a simple direction
__Follows two simple directions
__Uses plurals
___Says first and last name
___Understands feeling words like cold, tired, hungry.
___Recognizes colors
___Understands opposites like cold hot, light dark
___Can define words

Social Skills
___Looks at faces
___Smiles responsively
    Feed self crackers
___Resist having toy pulled away
___Plays Peek A Boo
___Works to get a toy out of reach
___Shy with strangers at first
___Plays Pat A Cake
___Plays ball with others
___Indicates a want but not by crying
___Drinks from a cup
___Imitates housework
___Uses a spoon, but spills a little
___Helps with simple household jobs
___Removes clothes
___Put on clothes
___Washes and dries hands
___Plays games with others like tag, hide in seek
    Buttons clothes
___Zips zippers
___Dresses with supervision
___Will separate from Mom easily
___Dresses without supervision