

# It's all in your hands

**Palm (emotive area) \* Fingers (mental area) \* Thumb (vital area)**

<b>Index finger</b>	force and judgement
<b>Little finger</b>	feminine, delicate
<b>Two middle fingers</b>	implements of affection (when we stroke or caress an object)
<b>Thumb</b>	vital and indicates the will

- ☞ Hands accept (palm upturned, fingers open)
- ☞ Hands reject (palms down)
- ☞ Hands support (palm up, the hand flat)
- ☞ Hands caress (the palms curved to touch the object)
- ☞ Hands surrender (the palms up, fingers open)
- ☞ Hands inquire (the fingers outstretched)
- ☞ Hands detect (feel textures between thumb and fingers)
- ☞ Hands deny (palms down)
- ☞ Hands indicate (the side of the hand)
- ☞ Hands define (the hands move up and down with sides toward floor)
- ☞ Hands mold (the hands cupped)
- ☞ Hands conceal (the hands brought in, the fingers closed)
- ☞ Hands reveal (the hand extended, the fingers open)
- ☞ Hands ignore (the palms down, the fingers closed)



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