

E.l.e.c.t.r.i.c D.r.e.a.m.s

"As we expand and transform the limits of our understanding of our relationship to dreaming, we will transform the same limits in our lives and in our world." Fred Olsen

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E.l.e.c.t.r.i.c D.r.e.a.m.s

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Download a Cover for this Issue!

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* DREAM CALENDAR for August & September 2000* ASD News Update!

D R E A M S S E C T I O N :
dream-flow.v001.n330- dream-flow. v001.n345

D E A D L I N E :
AUGUST 16, deadline for SEPTEMBER submissions

M.U.T.U.A.L D.R.E.A.M T.A.R.G.E.T
AUGUST 15, 2000
Zuma Beach, Malibu, California

NEXT MONTH: Dream Education - ASD Backissue Articles!

XX

Send Dreams and Comments on Dreams to:

Richard Wilkerson <rcwilk@dreamgate.com>

Send Dreaming News and Calendar Events to:

Peggy Coats <pcoats@dreamtree.com>

Send Articles and Subscription concerns to:

Richard Wilkerson: <rcwilk@dreamgate.com>

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Editor's Notes

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Well, everyone is quite exhausted yet deeply satisfied after the July Association for the Study of Dreams conference in Washington DC. If you weren't there in the flesh, you might have caught some of the extensive ONLINE activates like I did. If you missed these, you can still see pictures, contest winners and links at

<http://www.asdreams.org/cafe>

Also, there is a great write-up about the conference by Susan Amon in the Dream Flights Newsletter. See more about this in the Dream Airing section below.

ASD members will be happy to hear that new online e-Study groups are starting this Fall in several areas, including dreaming in cyberspace, clinical dreams, dreams and nightmares, dream research, dreams and psi, dreams and healing and many, many more. These groups will be hosted by the top researchers in the field. This is a great time to join ASD and get in on these fabulous online groups.

<http://www.asdreams.org/study/>

There are many other benefits to being an ASD member and you can read more about them here;

<http://www.asdreams.org/idxmembership.htm>

If you can't afford the membership right now, you can still join us for the Dream Time live, once a month in a special Chat Room set up for us by Brett Robertson, M Ed <unameit@tctc.com>

AUGUST 16: Jeremy Taylor, D.Min

The topic is "GROUP DREAMWORK THREADING THROUGH THE LABYRINTH" and it will be at WEDNESDAY Aug 16 7PM Pacific Daylight Time GMT = Universal 02:00:00 Thursday

For details, send an e-mail to chat@asdreams.org

One last ASD item: The latest Dream Time magazine, which is another ASD benefit, has a special Dreaming in Cyberspace issue out right now. Guess who is the Guest Editor? I was also given permission by Alan Siegel to make this one Dream Time special and put an online version up on the Web. You can visit that site at <http://www.asdreams.org/cyberdreams/>

Are you dreaming right now? In this issue of Electric Dreams Marc Vandekeere continues his basic steps to lucid dreaming with extensive notes on "Adding Awareness to your Waking Consciousness". Be sure to read "Lucid Bird's Words."

This month's excerpt from Lucy Gillis's "Lucid Dream Exchange" is by the co-editor Robert Waggoner, a long-time lucid dreamer. You have heard about lucid dreaming, and you have heard about pre-cognitive dreaming. Robert puts these together and talks about

pre-cognitive lucid dreaming. Be sure to learn more about this edge of the edge dreaming.

Bjo Ashwill returns this month and continues with the theme of Working Dreams With The Power Of Computers. She looks at how useful categories are created and how language metaphors work. This work is very important as it allows the dreamworker to use computers to get past the limitations of the Hall/Van de Castle system, and yet still work within this system. Be sure to read The DreamSpinner Column!

Charles McPhee returns to comment on dreams. If you haven't seen his new Dream Doctor site, I recommend stopping by and adding some dreams to the growing collection and special teen section! <http://www.dreamdoctor.com>

What the latest scoop on dream sharing online? Be sure to read my article on New Trends in Dream Sharing. I look this month into the Yahoo Dream Clubs and the new Usenet Newsgroups for dreams and dreaming.

Madame Aionia continues to explore the relationship between astrology and dreams in this issue. Madame Aionia and Island look at Sex, Death, Inheritances and other Eighth House concerns.

Peggy Coats, from dreamtree.com, has been gathering the news about dreaming from all around the Net and has the latest conferences, the best workshops, the finest dream events and all the updates on the latest and best web sites. Be sure to look over the Global Dreaming News for the events in your area.

Our Dreams this month come from all around the Net and have been organized by the software developed by Harry Bosma. Be sure to look through the dreams and see what on the mind and soul of dreamers in Cyberspace.

Are you new to dreamwork and dream sharing? Please send in an e-mail to scoop@dreamgate.com for a list of suggested steps and resources in learning about dreamwork and dreaming online.

Next Month: Thanks to Jenn Fraser, the Electric Dreams Chief Archive Editor, you will be able to access *ALL* of the past articles in Electric Dreams. We will have more information about this and other dreaming online topics in the Back-to-

School issue along with information about Dream Education and all our regulars.

Dream Surf Up...

Finally, if you would like to meet us in Dreaming Land, we will be having a mutual dream August 15th at Zuma Beach, Malibu, California. See you there!

-Richard Wilkerson

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Dream Airing:
News, Notes and Events

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If you would like to get more information about the monthly class, the History of Dreams, send an e-mail to the autoresponder at dreamclass@dreamgate.com

-Richard

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DREAM TIME LIVE: Join us on line each month for DREAM TIME LIVE, a monthly Internet chat room. You can join in the dialogue. For information on joining the Dream Time Live chats, come to the ASD website within one week of the chat. <http://www.asdreams.org> or send an email to chat@asdreams.org Our next guest will be: Jayne Gackenbach, Ph.D. Live! July 19, 2000 at 7PM Pacific Time.

The title of her chat will be:
LUCIDITY, NATIVE AND CYBER-DREAMWORK

Jayne Gackenbach, Ph.D., is a past president of ASD. She began her dream career examining lucid dreams and edited "Conscious Mind, Sleeping Brain: Perspectives on Lucid Dreaming" with Stephen LaBerge. After immigrating to Canada she began teaching Aboriginal Canadians in Central Alberta and now teaches at three all native colleges. Her article on dreamwork with the Cree can

be found here (<http://www.sawka.com/spiritwatch/native.htm>). In 1995 she wrote her first online course and it was on dreams and is now offered by the Edmonton Public Schools here (<http://www.ces.edmonton.ab.ca/>). Information on her latest book, "Psychology and the Internet: Intrapersonal, Interpersonal, and Transpersonal Implications" is available on the web site.

Reverend Jeremy Taylor will appear in August 16, 2000 7 PM Pacific Daylight rTime

ALAN SIEGEL, PH.D.
PRESIDENT, ASSOCIATION FOR THE STUDY OF DREAMS
EDITOR, DREAM TIME MAGAZINE
WWW.ASDREAMS.ORG

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New Cover Art for Early Electric Dreams

One of joys of online publishing is that the texts, like dreams, are mutable and ever changing. Our early Electric Dreams volumes and issues didn't have cover art, but hey, why should we accept this? Graphic artist Daniel C. Boyer has not, and now he has provided us, post-publication, with a cover for issue #1 !

danielcboyer@yahoo.com

<http://www.vapa.com/gallery/danielcboyer>

Daniel C. Boyer has been active in surrealism since 1992, although his earliest automatic drawings and paintings date to his discovery of the Manifestoes of Surrealism by Andre Breton in the summer of 1987. Boyer has been especially active in producing works using the automatic method developed by surrealists in Bucharest, in which a dot is made at the site of impurities in a blank piece of paper, and lines are then drawn between the dots), and in promoting this method. He has also done some work involving computer graphics. He has had solo exhibits in Marquette, Michigan and New York, USA, in addition to participating in numerous group shows. Boyer has also written many theoretical and polemic works on the plastic arts.

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Posted by Robert Bosnak on Tuesday July 18th, 2000 at 1:59:48 AM
PDT: from the ASD bulletin board:

<http://www.asdreams.org/subidxdiscussionsbboard.htm>

It was quite exhilarating to be 'present' in Washington from my temporary home in Kyoto, Japan. I think we made history, having two audiences simultaneously, around 40-50 people in Washington and about 30 via the internet. The questions and answers especially went very smoothly and I had a sense of community, which might not have been illusory. I like to think of the present state of the Internet as the era in aviation sometime around the Kitty Hawk and the Wright brothers. This is just beginning, still heartbreakingly primitive but it points a direction to the future. If we are truly an association of dreamers, we must participate in dreaming the future. And we did just that at our historic internet/live audience meeting in Washington and cyberspace. Let's forge ahead.

<http://www.cyberdreamwork.com>

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Dream Flights takes off!

Dream Flights, Volume 1, #2, Sponsored by Susan Amon at Akasha Software, developer of the Dream Temple, dream journal software, is soaring through dreamspace and Cyberspace.

Dream Flights is a monthly newsletter for people interested in dreams and the dream journal software application, Dream Temple.

The format includes a variety of articles by dream work professionals, technical tips & tricks for using the Dream Temple, and dream events happening around the world. This month has a special focus on observations and pictures from the ASD July Millennial Dreaming conference in Washington DC.

http://www.dreamtemple.com/newsletter/vol_1_2.html

The newsletter list is open to anyone. If you're interested in learning more about why we're so excited about this new dreamspace, visit the website and download a FREE a demo copy of the Dream Temple!

<http://www.DreamTemple.com>

The mission of Akasha Software, LLC, developer of Dream Temple, is to stimulate dreaming as a way for people to discover their source of deep truth and inner guidance.

Be sure to get your subscription today!

<http://www.egroups.com/group/DreamFlights>

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UPDATE on DREAMS Foundation

The DREAMS Foundation (www.dreams.ca) is non-profit organization working in collaboration with the Dream & Nightmare Laboratory at Sacre-Coeur Hospital. The Foundation's mission in to support further research into dreams and non-pharmaceutical treatments for sleep and dream disorders, to inform both the general public and health/science professionals about the nature of dreams and their practical applications in relationship to health and well-being, and to offer simple techniques for recalling and working with dreams and lucid dreams.

The Foundation offers numerous events, courses, and presentations (see the "Upcoming Events" link on our home page), as well as useful articles about dreams and related topics. Also of interest is a Canoe-Camping DreamQuest Adventure in August--see: www.crhsc.umontreal.ca/dreamsfoundation/dumoinel.htm

Please visit The DREAMS Foundation's web site at: www.dreams.ca

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Join the Dreamchatters list!

Dreamchatters began in December 1999 as an adjunct to mailing-lists; to keep up communications between dream-interested individuals. The hope being to be catalysts to creating a clearer path to the future of dreaming online.

Currently there are 39 members subscribed.

Dreamchatters is an egroup aimed at discussing dreams, dreaming and making those online with an interest in these subjects able to keep in touch as it suits them.

Although dreams are discussed there, the primary focus is dreaming community, rather than individual dreams.

It is enlightening to see messages from individuals with diverse backgrounds.

If any group member finds an interesting web site or article online, we pass it on and often that will begin a new thread of discussion.

There is a capacity for a group calendar, member profiles and links to urls to be stored at egroups.com, so that new members may explore first. It is a place to beta test chat venues'; to try and help make the currently available technology and capabilities of the internet more accessible to as many people as possible.

Not only do current and potential group members have differing computer hardware and software, but we also live in different parts of the world, so there has been discussion about "universal time" , time zone conversion, and scheduling formal chats at staggered times so that no one time zone is expected to always be up at, for instance, local 3am.

You can opt to receive individual emails, daily digests, or to read it online at <http://www.egroups.com>

To subscribe, send a message to
dreamchatters-subscribe@eGroups.com

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Mutual Dream Destination

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If you meet us there and want to share this dream in waking life, you can subscribe to dreamshare@egroups.com or dreamchatters@egroups.com

Instructions: Go to <http://www.egroups.com> for subscription instructions.

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Mutual Dream Destination, August 15, 2000

California Dreaming....Zuma Beach, Malibu, California

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Join us for a mutual dream journey to the crashing surf of one of southern California's most beautiful and spacious beaches, Zuma Beach, in the Malibu region just north of Los Angeles on Pacific Coast Highway.

This month, mutual dreamers will hold an image of meeting just as the full moon begins to wane, on a beautiful beach on the southern California coast. There may be a large, welcoming circle, saying blessings that may be partly in languages other than English, sharing food, and playing drums or other musical instruments on the beach, or listening to the awesome sound of the surf and the call of the birds...

Judith Gips, host for the mutual dream invitation, who was raised in southern California and left immediately upon graduation from high school in the early 1970s, says to be prepared for warm sunny days or cool and cloudy evenings, and "perhaps an element of time-travel", with cars, clothing and hair styles, jargon, and music evoking the late 60s-early 70s counterculture. We may well meet in adolescent bodies or psyches, rather than the age of our waking-life egos, and some people may be accompanied by companions from an earlier time, or by younger siblings.

It may be cool and cloudy, especially if it is nighttime in the dreamscape, and people may be wrapped in towels, blankets, cloaks, or sweaters, or it may be warm and sunny. Don't be alarmed if you find yourself on a clothing-optional area of Zuma, involving a short walk south over some rocks to a secluded beach with rough, clean surf. This is a safe place and should effect a spiritual power for all.

If you arrive at the beach and want to describe your dream, as you recall it upon awakening, to other dreamers, please e-mail <comadre@mindspring.com> and/or subscribe to <www.egroups.com/group/dreamshare>

About Mutual Dreaming: See Linda Magallon's Mutual Dreaming FAQ:
<http://members.aol.com/dreampsi/archive/mutualdreaming.html#anchor456487>

Where would *you* like to meet in the future?

Contact Judith
E-mail : coamdre@mindspring.com

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An Excerpt From the Lucid Dream Exchange
By Lucy Gillis

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Lucid Dreaming and Precognition by Robert Waggoner

In the Lucid Dream Exchange #14, I included a series of lucid dreams from the night of Jan. 3-4, 00. In the last lucid dream, I experimented with precognitive lucid dreaming. I wrote: "After a while, I see my brother Donald, and wonder what should I do in this lucid dream. Recalling some precognitive lucid dreams of Donald, I step up and ask him, "When I hear from you next, what will be the first words out of your mouth to me?" He looks me square in the face and replies, "Robert, you." I make a note to remember that. Then once again, I have this incredible surge of sound energy within me - like an inner explosion that realigns my cells." (I wake up tingling and a bit shocked.)

Almost five weeks later, the phone rings and my wife answers. She calls out, "Robert, it's Donald." I recalled the lucid dream and took the phone and said "Hello" while I waited for his response. Donald replied, "Robert, you are finally there!" - confirming my earlier lucid dream which predicted the first two words "Robert, you".

In another lucid dream a few years ago, I asked two questions of the same brother; the questions were, "A year from now, will you be married?" and "A year from now, where will you be living?" The responses given to both lucid dream questions were correct one year later.

While I do not intend to presume the validity of lucid dream precognition from these small samples, it is certainly suggestive of the possibility of lucid dream precognition. Other lucid dreamers have reported instances of lucid dream precognition which were later confirmed, according to their self reports. And in normal dreaming,

there are thousands of reported instances of precognitive dreaming (while in our private dream journals alone, many of us could show hundreds of examples).

The value of lucidity however is that the lucid dreamer can direct the content of the dream towards some specific goal or task, such as a pre-determined precognitive task, under accepted scientific protocol. In standard dreams, however, precognition happens randomly and could not be subject to testing as easily or with high degrees of certainty. Also, standard precognitive dreams often are not evident until after the event takes place or they have symbolic content that is open to interpretation. In the book *Dreamtime and Dreamwork* edited by Stanley Krippner, Jon Tolaas has an excellent chapter on the common pitfalls of many reported psychic dreams from a scientific standpoint. Nonetheless, I am certain that an experiment could be structured and conducted to determine the validity of lucid precognitive dreaming.

I remember the first time I tried to have a precognitive lucid dream in response to a friend's challenge. In the subsequent lucid dream, I remembered my goal but then thought "How am I suppose to precognate when I am cognating now (in this dream)?" When I woke, a bit upset at this mini-philosophical crisis, it was quickly evident that I needed to project the precognition outward as if from another source like a character or object in the dream.

As far back as 1986, Ed Kellogg Ph.D. wrote in the *Dream Network Bulletin* (vol. 4) about developing a Lucid Dream Incubation Technique (LDIT) to seek answers to questions. In a lucid dream, Ed decided that the answer to his important question would appear on a note when he turned over a silver bowl. The answer on the dream note was later confirmed. Ed writes "The essential principle behind this technique involves first finding a medium for the materialization of the answer (such as a bowl, or closed drawer) asking the question, waiting a few seconds, and then reading the materialized answer (after turning over the bowl, or opening the drawer, etc.) I have found it most important to pick an appropriate medium in each dream for the LDIT (response)...."

In my experience, there may be two types of lucid precognitive dreams: active and ambient. Active lucid precognitive dreams are ones in which the lucid dreamer

actively engages the dream objects or characters for a precognitive response. By contrast, ambient lucid precognitive dreams are ones in which the lucid dream report contains a precognitive element that was not actively sought by the dreamer (this being more of a mixture of lucid dreaming and standard precognitive dreaming). An example of ambient lucid precognitive dreaming occurred to me in a dream in which I was being chased by gangsters in a car in my hometown. When I passed 17th and Plum, I turned behind the Vickers gas station and became lucid when I saw a car wash there, because in waking physical reality, there was no car wash there - at least at that time! Probably five years later, a car wash was built in that exact same spot.

Obviously, evidence for lucid dream precognition calls into question many basic assumptions about the nature of time and space (basic assumptions that most physicists would invalidate, by the way) and the nature of the dream state.

What are your thoughts? I am curious about experiences of lucid dreamers who have experimented with precognitive lucid dreaming - positive and negative. Also, what would it take to prove lucid dream precognition to the scientific community? What test would be required to avoid the appellation of "lucky guess" or "pure coincidence"? I look forward to your experiences and comments. Dreambob@aol.com

Robert Waggoner is co-editor of the Lucid Dream Exchange and a long-time lucid dreamer.

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The Dream Doctor

Charles McPhee, Ph.D.

<http://www.dreamdoctor.com>

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"Coming Out"

I am a woman in love with my doctor who is also a woman. I've only had relationships with men and never even thought I was capable of having these kinds of feelings for a woman until I met her 8 years ago. I want her in my life and don't know if I can keep my silence about it any longer. Anyway here's the dream.

She was singing but was in another room so I couldn't see her. I could only hear her. She didn't have the greatest voice in the world but was very much in key and could carry a tune very well. I just thought it was the cutest and sweetest thing ever. Then suddenly a domineering woman from work appeared, which normally to keep peace I just let her be the way she is and don't cause any conflicts (plus I wouldn't want to lose my job). Anyway, she was harassing and bullying my doctor and my doctor was calling out my name for help. I was so anxious to get there and rescue her as fast as I could that when I began running it felt like slow motion. When I successfully got there I aggressively approached the bully with my arms out like a grizzly and roared at the top of my lungs and scared her away. I had to do this 2 or 3 times before successfully getting permanently rid of her. What do you think this dream could mean? If I told my doctor about it would my feelings be obvious?

--Susan, Age 32

Hi Susan -

I think your dream is a fairly clear reflection of your feelings for this other woman, who is your doctor. Not only do you admire her a great deal, you also are protective of her. Bravely protective - like "a grizzly." I don't know your background or your doctor's, but you two have known each other for a long time - 8 years. Whether you choose to speak up or not will rest upon your assessment of the situation.

I find the woman whom you "roar" at to be an interesting character in the dream. Do you think she may represent some

of your own feelings that need to be conquered in order for you to express your love for your friend? Anyone who decides that he or she is gay and who, consequently, decides to "come out" as a gay person into a society that often is openly hostile to gays, at some point needs to conquer the taboos and prejudices that society places upon those feelings, many of which are internalized. Perhaps the woman you are roaring at represents some of those voices you hear in your head, who have prevented you from expressing your feelings in the past. If so, good for you! I'm sure this dream felt cathartic! You have to be true to yourself in this world, part of which entails recognizing that you won't be able to please everyone. Good luck!

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The Lucid Bird's Words
by Marc Vandekeere

This month:

Step Five) Adding Awareness to your Waking Consciousness

The Six Basic Steps by Marc Vandekeere

The following is an excerpt from my manual, The Ultimate Lucid Dreaming Manual Basics and Beyond. I hope it can be used to maximize your lucid dreaming progress. If you find this information helpful you may want to check out my lucid dreaming website for further info, tips, resources and more. The URL of my site is <http://how.to/luciddream> and if you have any questions, feedback or comments, feel free to send me an email. I'm always happy to hear from other dreamers and love to help out. if and when I can, thelucidbird@mediaone.net . Stay lucid.

So now we've come to the payoff. In order to make this material more user-friendly, the information has been divided into four categories, and there will also be an summarized outline at the end of the manual. By getting an overview at a glance, it may be easier for you to thoroughly learn, absorb and internalize all the information. Hopefully, it will help tighten all the concepts into one working whole.

The Process

Section One - The Six Basic Steps

Section Two - Other methods

Section Three - General tips

Section Four - Tools and Tactics

All these sections have one objective - teaching you how to become lucid in your dreams. After you've learned the process, methods, tips, tools, and tactics, we'll cover the more advanced techniques that you will need to know once you become lucid.

The Process

There are many techniques and methods that you can use for inducing lucid dreams, but there are basically two different ways of becoming lucid. You can either have dream-induced or wake-induced lucid dreams. Stephen LaBerge coined the term D.I.L.D. (Dream Induced Lucid Dream) for dreams in which you become lucid while within a dream. By training your awareness, you will somehow realize that you are dreaming while you are dreaming. This is by far the most common way of having a lucid dream, but it is also possible to directly enter a lucid dream from a waking state. These Wake Induced Lucid Dreams, or W.I.L.D.s, are far more rare, but as LaBerge so aptly labeled them, they are quite an experience. While covering the basics we will be dealing primarily with dream induced lucid dreams. When we move beyond the basics, we will be dealing with the more advanced techniques that will include inducing W.I.L.D.s. There are many methods to induce lucid dreams, but there is an underlying process behind most if not all of them. I've broken this underlying process down into six basic steps that will serve as our beginning regime. Once you absorb these steps and start following them, it is only a matter of time before you have your first lucid dream. In case you are wondering how long it will take for you to have you

first one, just follow through with the steps and have faith that you will have one.

According to statistics, the time it takes for someone to have their first lucid dream averages from three weeks to two months, but yours may be tonight so don't be discouraged if you try for a while and don't succeed. There seems to be an obsession in our society for instant results. If you are one of these people, realize that this is one of your first obstacles to overcome. Only one thing is certain - If you never stop trying, you are guaranteed to succeed.

The Six Basic Steps

- 1) Doing the Mental Prep-Work - see Electric Dreams 7(4) April 2000
- 2) Increasing dream recall -FOCUS THIS MONTH
- 3) Keeping a dream journal
- 4) Becoming familiar with your Dreams
- 5) Adding Awareness to your Waking Consciousness
- 6) Linking your Awareness to your Dreams

Step Five) Adding Awareness to your Waking Consciousness

This step alone could be the subject of its own book. It is almost a method in itself, but used in conjunction with the other steps, it becomes an optimal way to learn lucid dreaming. As a matter of fact, the whole process of lucid dreaming is achieved by training your awareness. The idea is to increase our daily awareness in order to benefit from the carryover effects it will have on our dreaming awareness. If you are more aware during the day, you will become more aware while dreaming. There are many ways to increase our awareness, and we will delve into many of them in this section. The handling and manipulation of our awareness will become one of the central issues for the rest of this manual. Ironically, as you begin to exercise and strengthen your awareness you may just realize that you are not usually aware of how unaware you really are throughout most of your day.

Since this is such an important aspect, it is crucial to have a workable understanding of these concepts. The ultimate goal is learning how to apply these principles to create results. First, we will deal with the concept of awareness and then we will learn the practical applications. The term awareness as we will be referring to it applies to your consciousness. How conscious are you? It alludes to your current level of self-observation. How aware are you of your awareness? It refers to your level of mindfulness. How centered is your awareness? It refers to your waking mental state of affairs. How truly aware are you? For our purposes here, these questions will culminate in your dreams when you become aware that you are dreaming by asking yourself, am I aware? And ultimately, am I dreaming?

For many people these reflective questions go unasked and in turn they remain unanswered. Most people were never taught that there are differing levels of awareness nor were they ever taught how to cultivate a heightened sense of awareness. To them, either one is awake or one is sleeping. The fact is that you can be fully conscious, semi-conscious, and not conscious at all in your dreams as well as in your waking life. It all depends on your level of mindfulness, your quality of awareness. Do you ever realize you've been listening to the radio yet haven't heard it for several minutes? Do you ever drive somewhere methodically and not remember the drive once you arrive?

How about misplacing your keys? Moments of "zoning out" like this occur when your awareness strays from the moment at hand. It is a result of losing your mindfulness, becoming mentally scattered. You may have been daydreaming or planning your day or truly "in a zone", but the resulting experience is that you were not fully aware of your position in your current surroundings.

There is nothing wrong with daydreaming or planning your day. The point is that we often overlook the transition of our awareness from one moment to the next. The thoughts we have often flutter through our minds without us even taking note of them, let alone actively taking part in their creation and guidance. The point is not to be obsessed with your surroundings but to be aware of your awareness. Becoming aware of your thoughts and thinking patterns is just as important as identifying your dreamsigns and dream patterns. Changing your thoughts will change your awareness, and the idea is to have your awareness programmed and locked on self-observant aware mode instead of running on some non-reflective auto-pilot mode. It is as if we are normally aware of riding the crest of a wave produced by external factors instead of guiding our awareness ourselves. We often react more than we reflect which leads to automated behavior. We become less questioning which in turn reduces our awareness to what we already know, or think we know. We habitually identify with our position on this crest so that after a while we fail to realize that there even are any other ways of viewing it. We overlook our part in the ocean. We disregard the active role that we play in guiding our awareness.

Try to remain aware of your awareness as if you were a bystander just watching where it goes and how it flows. The longer you can sustain this level of awareness, the better. But it isn't as easy as it sounds, and if you think it is, try sustaining it all day long and then realize how often you lose your mindfulness. The fact is that we aren't in the habit of being aware, but this is a habit that must be changed. How is your awareness flowing from one point to the next? How often throughout the day are you aware of your awareness as well as your position in your surroundings? It is this kind of mindfulness that you need to cultivate. It is this kind of centering and grounding of your awareness in awareness that you need to practice and develop until it becomes second nature, or hopefully even first nature.

Practicing meditation is an excellent way to exercise your awareness. Studies done by Jayne I. Gackenbach, a notable lucid dream researcher, show a direct correlation between meditation and lucid dreaming. People who meditate have a greater likelihood of having lucid dreams compared to non-meditators. Both meditators and lucid dreamers "are able to become "caught up" in an experience, and are aware of their inner thoughts and internal processes." (* Dreamtime, Dreamwork, pg244-45) This could be due to the emphasis put on consciously developing one's awareness. By exercising your awareness, you are more able to be "in the moment", an ability that greatly enhances your lucid dreaming ability. "In addition, meditators and lucid dreamers find it easier to recall their dreams and tend to be "field independent" (that is, they could find their way out of a forest more easily than "field dependent" people, because they are not as easily influenced by people or objects in their environment.)" (*Dreamtime/work, pg 245) Other studies by Alexander, Boyle, and Alexander have shown that both lucid dreamers and meditators "have less stress-related personality characteristics" than their non-meditating and non-lucid dreaming counterparts. Less stress means less stress-related dreams, and that results in better dreams as a whole. If lucid dreaming and meditating have these beneficial effects on our waking and dreaming lives, incorporating both practices into your daily routine will produce direct results.

Meditation and lucid dreaming are intimately linked. By learning more about meditating and practicing it regularly, you will be stacking the odds in your favor when it comes

to lucid dreaming. Many of the principles involved in meditation have a direct bearing on lucid dreaming. Meditation can be used to induce profound states of relaxation, and these relaxed states are extremely beneficial for inducing lucid dreams. Also, the goal of many meditational approaches is to silence the mind. Creating inner silence and stopping one's internal dialogue is an important technique we will cover when we discuss some of the methods of inducing lucid dreams.

Meditation also develops the ability to have a detached awareness, an awareness that allows itself to operate like a slightly removed observer. Once again, this ability to have a detached awareness will be extremely useful when attempting many of the lucid dream induction techniques. Meditation also requires developing a certain amount of control over your awareness. Since this is a major prerequisite for lucid dreaming, it is highly advisable to incorporate meditation into your lucid dreaming regime. Now that you have an understanding of these concepts, the best way to create results is to apply them toward our goal, lucid dreaming. In order to learn to lucid dream, you must be able to differentiate between what is "reality" and what is a dream. You must develop a questioning awareness. While awake you should be regularly doing "reality checks". There are two parts to a reality check. The first part is asking yourself if you are dreaming or not, and the second part is testing your surroundings to verify if in fact you are dreaming or not.

These reality checks should be done frequently throughout the day. The idea is to engrain this habit into your daily routine so that it will spill over into your dreams. If you practice this consistently, it is just a matter of time until you perform a reality check while dreaming, and if you test your surroundings carefully enough you will realize you are dreaming. In the beginning, I would set the alarm on my wristwatch to go off every half hour as a constant reminder to do my reality checks. Another technique is to write one letter on each hand or wrist and each time you notice the letters you perform a reality check. You could use an L on one and a D on the other to stand for Lucid Dream or B and C for Become Conscious. The letters themselves mean very little. It is remembering to do the reality check that matters, and if this is a method you use regularly, it will surely make its way into your dreams to remind you to question your surroundings.

Asking if you are dreaming is the easy part. The trick is to be able to distinguish whether you are really dreaming or not. One word to sum up your analytical approach would be scrutiny. The idea is to look for strange or illogical things that could only occur if you were dreaming, but sometimes it is hard to tell so scrutinize your whole environment for clues and cues. For example, the idea of pinching yourself to make sure you are not dreaming does not hold that much weight in the dream realm. You may actually feel the pinch in your dream, and this may lead you to believe that you aren't dreaming unless you perform other tests.

For some reason, we are much more accepting and much less analytical of inconsistencies while dreaming so performing multiple reality checks maximizes the odds of becoming lucid if in fact we are dreaming. It is also very helpful to always assume that you are dreaming even if the tests indicate otherwise. You should keep testing and keep trying all of the different reality checks until one works, and only after you have exhausted all options should you conclude that you are not dreaming. From scrutiny to lucidity, you will learn which reality checks work best for you. As you get some experience, you will see first-hand how important it is to be questioning and persistent, but luckily with all the recent research into lucid dreaming, reality checks are no longer a hit or miss scenario. Many of them show wide-ranging effectiveness among all dreamers.

Here is a list of the most effective reality checks:

1.) The Common Sense Test: This is the first and most obvious check. Examine your surroundings for anything that should not logically be there. Ask if this could happen in your normal life. Look for inconsistencies. Are you somewhere you have never been before? Are you with people who live on the other side of the country? Is there an elephant in your kitchen? These are the kinds of discrepancies that can spark your lucidity.

2.) The Reading Check: This is one of the most effective checks. Simply look around and find something to read. After reading it, look away and then look back again to reread it. Do this several times. If you are dreaming, the text or numbers will usually change after several glances. It may become garbled or may have changed completely or it may not remain stable while you are reading it. Anything containing words or numbers will work: a book, a street sign, or an address. Many people use the dial on their dream watch. This is an extremely effective technique and seems to work for the majority of dreamers.

3.) The Flying or Levitation Check: This is another very effective check. See if you are able to fly. If you are not able to fly, try to levitate or hover slightly above the ground. As you become more skilled at lucid dreaming, this may become your favorite check, as it is mine. The only downside is that at times you may try this and be unable to fly or levitate, yet you still may be dreaming. Always remember to use this in combination with other checks

unless of course it immediately works which in most cases it will.

4.) The Light Switch Check: This is usually a quite reliable check. Find a light switch and turn it on and off. If it malfunctions then the odds are you are dreaming. Try it several times and pay close attention to when it should be on and when it should be off. It usually will not take long before it malfunctions or operates correctly while in the wrong position.

5.) The Memory Check: This is a very effective but largely unknown method. Simply backtrack in your mind where you have just come from and what you have been doing. Keep thinking back as far as you can and eventually you may find that there are inconsistencies in your memory. By backtracking your dream memory, you may also become aware of something illogical that has happened which you had overlooked at the time. You also may find that you have an amnesia-like block that prevents you from remembering accurately. In all of these cases, you can safely assume that you are dreaming.

6.) The Mirror Check: This is not only an extremely effective method but as an added bonus, it usually results in quite a remarkable experience. Find a mirror and while gazing at yourself, ask if you are dreaming. You may become startled by your reflection. You may be younger or older or have different hairstyle or different hair color, or you may even be someone different entirely. Any of these inconsistencies would be an obvious indicator that you are in fact dreaming. Plus, if you incorporate this check into your morning routine you will be more likely to transform any of your false awakenings into lucid dreams.

7.) The Self Observation Test: This is also a very useful check. Just take a look at yourself. Examine your hands, arms, legs, and clothing. Usually you will immediately be tipped off that are dreaming because you will be wearing clothes that you do not own. Other times, simply looking at your dream body will spark your lucidity.

8.) The Penetration of Matter Check: This is not the most reliable method but it has helped me on many occasions. Simply try to push your finger through something solid like

a wall or a door or a glass. At first, it may not work but if you believe that you can do it, you eventually will be able to pass your finger right through any solid if you are dreaming. As an added bonus on this check, you are also developing your ability to allow your beliefs to directly influence your experience.

9.) The Gravity Check: This is a somewhat reliable check. Find something that you can throw into the air and catch safely. Start tossing it up and down and you may just find that it isn't obeying the laws of gravity that it should if you were in "reality". To maximize the success of this check, while tossing it into the air try to effect the object's rise and fall with your mind. You could also try jumping up and down to produce the same results.

10.) The Questioning of Dream Characters Check: This may not be the best thing to try while awake but sometimes it can be effective if in fact you are dreaming. In "reality" if you asked people if we were in a dream, their response would be to accuse you of being insane, yet in the dream realm, it is sometimes a different matter. Usually the dream characters will deny that it is a dream, but they deny it in a strange manner without ever questioning your sanity, and in some cases, they don't even understand what you are saying and disregard you entirely. Most dream characters will deny it is a dream, but the key to this test rests in how they deny it. Also, on rare occasions, someone in your dream will admit that it is in fact a dream.

11.) The Friend Check: This is a very useful check. Simply perform a reality check whenever you encounter any of your friends during the day. Whether it is your best friend, your mother, or your pet, whenever you see them take a few seconds or as long as needed to determine if you could be dreaming. Since the odds are that you will often have friends in your dreams, this check is very effective as long as you consistently practice it during the day.

As mentioned earlier, these reality checks should be practiced regularly throughout the day. The more they become embedded into your daily routine, the sooner they will appear in your dreams. If there were one word that sums up what you need to develop in order to speed up the

lucid dreaming process, it would be awareness. Working on your awareness will have direct carryover effects into your dreams, and once you become more skilled at lucid dreaming you will realize that your awareness combined with your intent is your passport into the dream realm.

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The DreamSpinner Column
Working Dreams With The Power Of Computers

3rd Column: Metaphors In DreamSpinner
By Bjo Ashwill
<http://www.spinner-soft.com>

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Hi, Electric Dreamers. I am Bjo Ashwill and am writing a monthly column on my experiences of creating a computer software program that does very detailed analysis of dream narratives. You are welcome to visit my web site and check out DreamSpinner, the software program I will be describing. <http://www.spinner-soft.com>.

In this column I shall describe, over time, how to use the computer's power to store, group, analyze and retrieve information from our dreams. DreamSpinner's greatest power is working with long "over time" dream series, although it can work with individual dreams as well. How do metaphor patterns change over time? That is the question that began my journey toward creating DreamSpinner.

This 3rd column will look more closely at the category (metaphor) system I created for DreamSpinner. I first became intrigued with the Hall/van de Castle coding system years ago when I stumbled upon the book, "The Meaning Of Dreams" by Calvin S. Hall. Finally, a logical system where I had a structure to put those wildly amazing images of mine into. I liked the way elements of the dream were categorized. The book described up to 16 categories I found helpful. Things like Setting. Characters. Actions. Emotions. Objects.

When I read this book, in the early 1980's, I was computer illiterate. I created a notebook with columns for those

above 5 categories and began to list, by hand, dream by dream, items into those 5 categories. Keeping in mind that I now have over 3700 dreams recorded, you can imagine how daunting the task appeared. (and indeed was.) I am not a patient person and was unwilling to work slowly through those dreams, until I was 92 years old, to unearth the secrets of my dreams.

Hence my interest in computers. A very useful device for many jobs. Later, in the early 1990's I needed to categorize more specifically what was in my dreams. I am eternally grateful for the Hall/van de Castle coding system. I based the DreamSpinner category (metaphor) system directly from the Hall/van de Castle system. (for a more complete description of that coding system please check out the Qualitative Study Of Dreams Website: <http://psych.ucsc.edu/dreams>. (Domain Name: Dreamresearch.net)

Here is a partial list of the basic Hall/van de Castle categories.

- Characters
- Aggression
- Friendliness
- Sexuality
- Activities
- Success and failure
- Misfortune and good fortune
- Emotions
- Settings
- Objects (Architecture, Nature, Implements, Body Parts etc.)
- Modifiers (adjectives and adverbs)
- Negative, temporal, food

Looks pretty simple. But then, each category has sub categories and the whole system gets much larger.

- Level 1 - Characters
 - Level 2 - Character's Age
 - Level 3 - Adult
 - Child
 - Baby
 - Teenager
 - Level 2 - Character's Numbers
 - Level 3 - Individual
 - Individual Imaginary

- Group
 - Group Imaginary
 - Original Form
 - Changed Form
- Level 2 - Character's Identity
 - Level 3 - Relative
 - Immediate Family Members
 - level 4 - Father
 - Mother
 - Brother
 - Sister
 - etc.
- Level 3 - Social Role
 - Strangers
 - Occupational
 - Prominent
 - etc.

And on it goes. In the Hall/van de Castle coding system, each dream is hand coded to each of these sub categories. An example coding is Father: 1MAF (Individual, Male, Adult, Father).

This is where DreamSpinner expands and is different. DreamSpinner uses every word mentioned in the dream narrative. Many of those words had no place to be in the original Hall/van de Castle system, since it wasn't built to use all the words, because people hand coded events and objects. DreamSpinner semi-automates the coding process by creating a "Dream Thesaurus" and putting like meaning words together in a sub category.

I will use the example of the metaphor "water". Classic dream dictionaries will say things like Water is the unconscious, or water is emotions. One dictionary defines it as the embryonic fluid and Mother. They go into more detail saying If you dream of deep calm water, then...

Rivers are often defined as the Life's journey. How the river runs will tell you the progress of your Life's journey.

The Hall/van De Castle coding system codes nature, which is a sub category of Objects. The coding symbol is NA. All outdoor objects found in nature are coded NA. Water is coded NA right along with Heavenly bodies and plants. You

would then search out the water dreams from the nature dreams.

DreamSpinner breaks it down further, using informal categories found in G. William Domhoff's book, "Finding Meaning In Dreams: A Quantitative Approach." And creating sub categories to accommodate the words found in my dream narratives.

Nature

- Earth And It's Mineral Elements

- Heavenly Bodies

- Plant Life

- Science

- Terrain

- Water

 - Natural Bodies Of Water

 - Backwater

 - backwater

 - lagoon

 - slough

 - Lakes

 - lake

 - Oceans

 - mar

 - ocean

 - pacific

 - reefs

 - sea

 - Rivers

 - amazon

 - brook

 - creek

 - rapids

 - stream

 - upstream

 - waterfall

 - Small Contained Water

 - pond

 - pool

 - puddle

 - Water Connected To Oceans

 - bay

 - estuary

 - harbor

 - inlet

 - marsh

Water Related

Edges On Water

bar
beach
canal
channel
coast
dock
Hawaii
horn
island
moat
seaside
shore
shoreline

General Water Related

deep
goey
goop
juicy
liquid
log
moist
water
watery
wet

In Water

immersion
marine
slosh
submerge
swim
underwater

Tears

cry
sob
tear
teardrop

Water Change Of State

berg
flake
frost
glacier
hail
ice
sleet
snowman

snow
steam
thaw

Water Movement

backwash
breaker
cap
current
eddying
fall
flood
foam
froth
geyser
leak
ripple
roil
splash
spout
spray
spurt
swell
tidal
tide
torrent
wave
woosh

Water Used By People

dishwasher
faucet
fountain
lather
pipe
shampoo
shower
sink
wash

Water Weather Elements

downpour
fog
hail
humid
misty
pour
rain
sheet
snow

sprinkle
Watery Land
bed
flat
floor
moor
mud
muddy
murky
ooze
paddy
sludge
quicksand
swampy

With this category system in place, you then DreamLink each word in the dream narrative which hooks the individual word into the category for you. If you choose to change it's category or duplicate the word into more than one category, it is an easy edit. "Snow" for example is under at least two categories. "Water Change of State" and "Water Weather Elements"

The next step is to chose your definition of a dream set you wish to look at.

Do you simply want to look at a dream set that has the word water in it?

Do you want to see all dreams in the "Water" category? (In my dreams, that is nearly 1/3 of all my dreams.)

Do you want to examine only the "Natural Bodies Of Water?"

Do you want to only see the "Rivers" sub category?

Do you only want the word "river"?

Each of these queries will give you different information. All of it helpful. It's like examining an elephant from different perspectives. You will gain detail from each view which helps create the over all impression.

You see then just how uniquely personal and complicated a "metaphor" can be. Add more complication. In DreamSpinner, you can create dream sets for more than one metaphor at a time. For example, you can look at the dream set "Rivers" and limit that set to only rivers that are raging.

As you can imagine, raging river dreams have different meanings than calm rivers, or deep rivers.

I chose to create a Rivers dream set. I learned that out of 1120 linked dreams 42 of them had words from the "Rivers" sub category. (which is 3.7% of all my linked dreams.)

I learned there is a higher incidence of Animals. The list of most frequent characters was Strangers, Then The Dreamer and 3rd Animals. This is not the usual spread from my base set (norming set) of all my linked dreams.

There is a higher incidence of usage of windows and doors. (transition symbols). (This makes me wonder am I going IN or going OUT! From what to what am I entering or exiting.)

There is a higher incident of Friendly communication social interaction and Friendly helping interactions.

There is a higher incidence of POTENTIAL physical harm (Aggression) and a lower incidence of actual physical harm. (This leads me to wonder do I see possible aggression where none exists.)

There is a higher incidence of POTENTIAL Appear and less actual Appear. (This leads me to wonder about potential creativity and why am I not allowing the actual creativity to flower.)

Rivers often portray the current progress of relationships in my dreams. My dreams use strangers and animals to show me how I'm doing with "relationship" itself. Perhaps even relationship with aspects of myself. These are not about specific relationships with people in my life. Other metaphors are used for those.

Armed with this list of questions, I now know what to be specifically looking for when I go into each dream of the River set and explore.

You see, DreamSpinner doesn't have canned answers. It just creates a wealth of raw data from your own dreams to lead you into areas you might not of thought of exploring. Next month, I will show you how this gold mine of data is created for you. Meanwhile, I am creating a metaphor page on my Website (<http://www.spinner-soft.com>) so people can share their dreams based on a metaphor set and share what they think the metaphors mean to them. And read what others think it means in their dreams. A community of sharing

mail comadre@mindspring.com for more information, or
dreamshare-listowner@eGroups.com .
<www.eGroups.com/groups/dreamshare

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New Trends in Online Dream Sharing: Yahoo Dream Clubs and
New Usenet Newsgroups.

By Richard Wilkerson

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As we predicted many years ago on Electric Dreams, the rise of inexpensive telecommunications through the Internet has lead to more differentiate sub-groups in dreams and dreaming. When the Electric Dreams community first came online in 1994, there was the Usenet Newsgroup started by Jack Campin called alt.dreams and that was about it. A few people were on the Web, but most of us didn't have access to it and the dream related sites remained few and far between for sometime. A search for the word "dream" brought up very little in the way of sleep and dreams.

Now let's jump ahead in the 21st Century! One can search the word "dreamwork" on Alta Vista and get over 8,000 pages. The word "dream" has over two and a half million references!

Electric Dreams has kept up with all these venues for you and has provided you with the latest scoop as a updates on older sites and organizations in dreams and dreaming. And we will continue to do this despite the overwhelming amounts of material and dreams that are proliferating online. We love dreams and we love dream sharing online.

This month we have an update on two areas, the Yahoo Dream Clubs and the Usenet Newsgroups.

Usenet Newsgroups: New Additions.

What is a Usenet Newsgroup? It is an International Bulletin Board.

When USENET became popular among the USA University crowd in the late 1980's, the idea of the Regional Bulletin Board was expanded nationally (and in some cases, internationally) and the discussion of dreams could be found in various Usenet Newsgroup topic boards. As the FAQ reports, Usenet is no longer an academic controlled network.

<http://www.faqs.org/faqs/usenet/what-is/part1/>

Usenet was organized like a real bulletin board, where one could post a note and others could read and post replies. Group discussions may then develop over time. Because of the popularity of BBS's, the Usenet bulletin boards were called "Newsgroups". By the 1990's all but the most wild of the Newsgroups were accessible via the Internet, and it was clear that dreams needed their own Newsgroup. "alt.dreams" was formed.

John Herbert reports in his dissertation on dreams and the Internet that the Newsgroup alt.dreams was originally suggested by Jack Campin as a way to study contemporary culture. He wanted a snapshot of dreams in the late 20th Century much in the same way that The Third Reich of Dreams gives a snapshot of the society in Nazi Germany. But it was soon apparent that the real appeal of alt.dreams was to share dreams and discussions about their significance and meaning.

<http://users.aol.com/john0417/HuSci/Greet.html>

As predicted, soon a sub-group appeared, alt.dreams.lucid. The lucid group tended to draw people who were interested in inner journeys and visions and so it split as well in to another group and alt.dreams.Castaneda.

Now there have been several new additions, though these groups are not yet carried by many of the major Internet Service Providers, such as AOL. These groups include:
alt.newage.dreamwork, alt.dreams.lucid.entities,
alt.dreams.mythic, alt.dreams.prophetic,
alt.dreams.recurring
alt.dreams.sexual, alt.dreams.toltec, alt.dreams.edgar-cayce
japan.dreams, japan.dreams.lucid

For information on these and other Usenet Groups, visit
<http://www.usenet.org>

Yahoo Dream Clubs: Dream Topics for Everyone!

The rise of free community software online (bulletin boards, message centers, eLists, calendars and so on) has made it possible for anyone with a particular interest in dreams to develop an interest group. This is just exactly what we predicted would happen in several early articles on Electric Dreams. Whether you are interested in dreams and astrology, reoccurring dreams or just plain weird dreams, there is a club for you! Here are a few from the Yahoo site below:

Don Elletson's Electric Dreams Club
<http://clubs.yahoo.com/clubs/electricdreams>

A place where people can talk about there dreams. Please note members will give their opinions of your dreams or relate their own experiences. Please do not relate porn stories this club is for serious discussions of dreams.
Don Elletson

A Dream Heaven
A Place For Dream Interpetations

<http://clubs.yahoo.com/clubs/adreamheaven>

Hi all, I would like to encourage everyone to join "A Dream Heaven"! Have you ever had a strange or crazy dream or even a dream that came true? If so write about dream on the message board and I will interpet it for you! If you have any comments or questions please feel free to contact me!
HAVE FUN! Jennifer

Crazy Wierd Dreams Club
A place to talk about messed up dreams

Hey guys, I don't know about you, but i have some messed up crazy dreams. Here is a place to share yours and hear others. Meatball Katagutski

Deep Dreaming
For discussion of dreams and their interpretation

<http://clubs.yahoo.com/clubs/deepdreaming>

Welcome dreamers! I hope to offer a place for those with an interest in dreams, and the analysis and interpretation of them - Rella

Dream A Little Dream

A Place To Discuss Dreams...What Do They Mean?

<http://clubs.yahoo.com/clubs/dreamalittledream>

A white rabbit wearing women's underwear...A 2 Ton elephant in a Mini Skirt...Dreams, ever wonder what they mean? Here is a place to share your sleeping dreams, no matter how crazy they are. Together we can all try to find the meaning. Also, be sure to check out the links section for a link back to our Dream Symbol Dictionary...

Dream Directory

Dreams:Review,record,compare:Story Theatre!

<http://clubs.yahoo.com/clubs/dreamdirectory>

A forum for dreams. "As younger thinking dwellers my brothers,sister and I would grab our cozy blankets,gather in a hermetical circle and storytime would begin." Recall tips from past 11 years of dream recording. How can we interpret what might be interpreting us? This is our free moving picture. This is real ___ !

Dream Interpretation FREE

Tell Me Dreams's Club

<http://clubs.yahoo.com/clubs/dreaminterpretationfree>

I am NOT a professional, but interpreting dreams is a hobby. I would love to hear yours, and if you want my interpretation, please send via e-mail. And I will try to get it back to you within a week. Note: Be as narrative and descriptive as possible. TELLMEDREAMS'S

Dreams and Astrology

Decipher your dreams and learn about Astrology.

<http://clubs.yahoo.com/clubs/dreamsandastrology>

This club is for those of you who want to know what your dreams mean and those of you who want to learn more about your star sign. This is a club for Self Discovery and hopefully will be used for good purposes. When you learn about what your dreams and Star Sign mean, you are receiving information that will help you know what to expect in the near future and make better decisions. So please join this club and start yourself on the path of Self Discovery.

Dream Weavers

A place to discuss Thoughts and Dreams
<http://clubs.yahoo.com/clubs/dreamweavers>

This club will give you a chance to discuss and find interpretations to your thoughts and dreams. and hear others thoughts and dreams so they to can find the true meaning in the eyes of the other club members. fill free to discuss anything and may you find the true meaning to your thoughts or dreams that you may have been troubeled with and just couldn't find an interpretation for.

The Dreams Club

A place to research, search & talk about dreams.
<http://clubs.yahoo.com/clubs/thedreamsclub>

Welcome to Dreamland. Here you don't need to have a dream alone. You can share others, you can make them true, talk about the meaning of dreams, what they are, listen to other people's dreams, research all about dreams and just have a dreaming fun!

Interpetaions of Dreams

A club to intepet yours and others dreams
<http://clubs.yahoo.com/clubs/interpetaionsofdreams>
I founded this club for all of you out there who have trouble with dreams and you want to know what they mean.

Study Your Dreams

A club to discuss dream symbols and energy

<http://clubs.yahoo.com/clubs/studyyourdreams>

Dreams have been considered important messengers and guides throughout the ages. They can provide important advice for

us in waking life, and also be great sources of inspiration for creative projects. This is a place to share and discuss each other's dreams, and other informational resources concerning dreamwork

Mystical Dreams
A place to discuss dreams
<http://clubs.yahoo.com/clubs/mysticaldreams>

A place you can talk to mystical (fun) people about dreams and discuss what they mean. Come enter the Dreamscape...just don't fall into the Void or the Desert of Dillusions.-----
Join us won't you???????

Dream Quest
Psychological dream interpretations & theories
<http://clubs.yahoo.com/clubs/dreamquest>

This club is dedicated to understanding dreams. Psychological dream interpretations will predominate and dream theories will also be discussed. Any questions about dream theories, dreams, or personal experience with dreams are welcomed. This is not a therapeutic setting, but hopefully this will be a stimulating and enlightening club!

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Madame Aionia's Astrological Dreaming Series:
Dreaming Through the Houses: 8th House

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<hfile href="http://www.dreamgate.com/dream/ed-articles/ed4-8aio.htm">

Have you ever wondered how dreams and astrology are connected?

There are many ways we can connect dreams to astrology, and many don't require that you know all about your Natal Chart. In this column we will be exploring the symbolic rather than predictive aspects of astrology. Symbolic astrology attempts to use the images of astrological to give meaning to one's life and empower choices rather than predict paths. We do this by imaginal overlay. In this process we impleach, (poetically interweave) dream, image, feeling, life and symbol in a way to evoke a felt sense of the dream's imagery and its position in our life.

This year we are focusing each month on a different House. The inner circle of the Natal or Birth Chart is divided into 12 distinct regions know as Houses. They relate to everyday activates. One will be about physical appearances and temperament, while another relates to possessions, for example. Planets and signs fall within these Houses and influence the areas of focus. We will be watching for images of planets, signs and other celestial events and hopefully begin to see the emergence of an astrological chart that dips into birth charts, dreams, and our waking life.

The Eighth House. Scorpio. To build an image of Eight House dreaming, The passions of Scorpio will need to be explored as well as death, and feelings and possessions gained through others. In partnership with the lower energy of the self possessions of the Second House, the eight house may be seen as the feelings and possessions gained through others. The life/death cycle in this house generates a variety of emotional and sexual energy, including love and hate, jealousy and revenge, mysteries of occultism and psychism, after-death research, transmutations and transformations.

Dream: Grandfather sits in a chair by the fire and checks off a list as the children each talk to him. He is telling us what he is going to leave to us. I see that he go two checks on the list. He looks back at me an grins, and I

feel an ancient hatred, but grin at him anyway and see that this upsets him and know this is a crucial moment for us.

In the Eight House the flow of feeling is between one and another. This can be positive as well.

Dream: When she finally was allowed into the room, we acted like we knew one another all our lives. I felt like a stream of feeling existed between us and knew she would be my bride, if I could only keep focused on the agreement.

Dream: I was about to say my oaths when I realized this wasn't my fiancé at all, but someone completely unknown. I panicked, but was so scared I didn't say anything and we got married anyway. I am waking around the house now, I can't believe this has happened.

This house is often called the House of Death, an over focus on one of its aspects, just as the Amoney received from others[@] is part of this house, but only an aspect. These interpretations are OK as far as they go, but don't really lead anywhere. Rather, I would suggest that the interchange of finances relates to the meaning of money as a symbol of emotional values. In the inheritance dream above, we could focus on the inheritance as an object that reveals the sibling rivalry, or we can look at the inheritance as that which accumulation of karmic emotion which flows in death to the next generation. Reading a dream as an eighth house dream leads to clues to the significance of our emotional constitution in matters of sex, emotional crisis, and the death and rebirth of the instincts as transformed desire.

In this sense, money too becomes a symbol of emotional dependence or freedom. Note in our culture the tie between money and how free or dependent we are in relationship, how sexual values are colored by our finances, how financial and emotional stinginess so often come together.

Watch for dreams at this level of difficult financial situations, odd partnership and marriage agreements, demanding partners, and selling sex for security or other gains.

Watch for crisis. The eighth house is a battleground for self-understanding and self-mastery via crisis. Here can be found the creative and procreative forces through which we contact others. Just like the way people come together in an earthquake or flood, or sex, the issue of this house lift us out of our personal world and unite us with a larger wheel. Watch for signs of resolution of these crises in symbols that combine opposites, such as the ouroboros, or serpent eating his own tail, the plumed serpent of the Aztecs, or mandala - circular symbolism that may initially repel but also fascinates.

Watch for issues of sexual inadequacy. While commonly seen as an issue of potency and competency, it may be better re-visioned from the view of the Eighth house as an issue of emotional fearfulness. This fear relates to giving up oneself to another on a social level, and giving up to death on a spiritual level. And these fears may be well founded and closely heeded. Forcing oneself to become more sexually competent is not the way to become more emotionally evolved. Neither is forcing emotional connection. The partner may be the wrong lover, and big issue of control, of violation, and emotional rejection may be at play. Becoming vulnerable with the wrong people can be abusive. On the other hand, with an open and willing partner, the exploration of emotional flow during sex can be quite liberating.

Also, sexually speaking from the Eighth house, one might be a perfect lover physically, but be blocking the flow of emotional energy. Watch in dreams for lovers that morph and change and don't remain stable during the actual act of sex.

If the Eighth House dream traveler can be said to be seeking something, it is connection. In their lower forms, these connections may be dependent, ill, defeating and abusive. But the underlying issue is really union over security, and particularly intense, transformative unions. Those who are reaching for the sky just to surrender (thank you Leonard Cohen) are in for a bumpy ride. Sex, money, relationships and feelings can be used to gain object security, but this leaves us generally unsatisfied without the real union with the deep levels of the unconscious that bring life-giving healing to oneself and others.

gracefully. I do not want LK's feeling about me to sour. But then I see on the lower left hand corner of the entrance plaque, positioned to the left side of the building, a small buzzer, suggesting that one ring the bell before entering. But you would have to really look hard to see it. Then I ask LK, "Where did you find this place?"

My feeling about it is, despite all appearances, there is something so authentic, so real, that it is an experience of a lifetime to breakfast there. The insiders pass along information about it, so what seems like a real and rare find to me is just common knowledge among the insiders. We enter and stand in the foyer.

At this point my husband and stepson are also there. They, however, complain about the smell, and how could LK bring us to such a place? I do detect an odor, but I am OK with it. Then LK leaves briefly to go to a gas station across the way, I believe, to get change. When he returns, we stand just inside the entrance, perhaps even on the porch or veranda. He embraces me and kisses me very affectionately, and I am surprised to feel he is sexually aroused. Odd, because he's gay. I can almost read his thoughts: if he had met me much earlier on, he might not have been gay and been forced to live such a disenfranchised life. [end of dream]

I hardly know LK and, though RM, a very close mutual friend, told me more than once that I was LK's female counterpart, I always resisted that perception. LK is a revolutionary. I am not. I have made little impact outside my little world. Here I am, after months of agonizing, prepared to let all the interviews go ---- turn to something totally different and new ---- suddenly dreaming about LK and RM. I do obsess about the interviews ---- thousands of pages, millions of words ---- about a world of cruelty and indifference surrounding an HIV positive person, unless he or she is aligned with other HIV positive people, but what can I do? The dream says, "First ring the bell." ----"Tinkle, tinkle, tinkle," I can see me now, picking up a tiny little bell, and shaking it a few times. Not Quasimodo, ringing the bells of Notre Dame, with all the fervor of his being, though I have often imagined that I felt like Quasimodo, and quickly found myself aligning with others who felt similarly. Even as young as seven. Remember TCalamity who failed three or four times and stood several heads taller than the others in the second grade?

Remember how they laughed and made fun of him? I hated that. And I told them so. But sometimes I have not been able to say a word, as if my tongue had been cut out of my mouth, like Shakespeare's Lavinia in Titus Andronicus.

Wonder why? Breakfast. Break -- fast. Should I break away fast? Should I apply the brakes quickly? Should I break the fast ---- somehow release myself from a perpetual fasting mentality? Or should I enjoy a good hearty breakfast, like the kind Auntie used to cook on the farm? With buscuits and churned butter and maple syrup and grits and eggs and sausages and pies and fruit and juice? That old style breakfast where a lot of people are gathered, enjoying the early morning, and a huge table piled with food? I am so conflicted. What to do? What to really do? How could I be brought to such a place by LK? So my husband and my stepson do not like the smell (of decay and death? of the interior? of what)? Why am I OK with it and they are not? Why do I believe that to be gay is not defined by one's sexuality really. To my mind there is something else going on than just merely being attracted to a same sex partner. To my mind a heterosexual can be gay. But of course, I'm ridiculously wrong. And that thought at the end of the dream, that had he met me earlier on, he might not have been gay, or taken a different path, well ---- that doesn't really refer to LK. That must be MK ---- will I ever get over his suicide?

So I ask LK: "Where did you find this place" [in your heart]? How did you discover it [your heart]?" Only the insiders know. Just "first ring the bell." Auntie. The only one who ever fixed those huge, old style breakfasts that put me in awe. I'm so glad I told Calamity (her daughter) recently that Auntie had the biggest heart of anyone I had ever known ---- it was big enough to embrace the Universe. Each one of her five children are the sweetest, gentlest, best human beings I have ever known. Odd but in their community, they were ostracized throughout their childhood. Separated. Made to feel "less than." People talked about them behind their backs, in whispers, excluded them. Even their own first cousins were forbidden to have anything to do with them. They found out why once they became adults. What could they do about the fact that their mother was dying of cancer for more than 20 years and their father in the meantime started a second family with a black woman in a rural southern town with the KKK on the rampage just

thirty miles away. Their father is as wonderful a man as Auntie is a woman. They were the perfect pair, and yet ---- the cancer struck her in her twenties, so many cobalt treatments, her sexual urges must have been affected soon thereafter ---- and the black woman he ended up with helped Auntie run the house. How did everything get so twisted and tangled and knotted? In their family? In mine? That's why I have a million questions about sex and sexuality. Does sexuality ---- primal ---- who can really do anything to alter its impact, no matter how its flow is diverted and rechanneled ---- somehow do the twisting and the tangling and the knotting? How do we untangle ourselves?

I just ran across this passage! Steinbeck puts the matter plainly in the preacher's mouth in *Grapes of Wrath*:

"I says to myself, 'What's gnawin' you? Is it the screwin'?' an' I says, 'No, it's the sin.' An' I says, "why is it that when a fella ought to be just about mule--ass proof against sin, an' full up of Jesus, why is it that's the time a fella gets fingerin' his pants buttons?" He laid two fingers down in his palm in rhythm, as though he gently placed each word there side by side. "I says, 'Maybe it ain't a sin. Maybe it's just the way folks is. Maybe we been whippin' the hell out of ourselves for nothin'.' An' I thought how some sisters took to beatin' theirselves with a three--foot shag of bobwire. An' I thought how maybe they liked to hurt themselves, an' maybe I liked to hurt myself. Well, I was layin' under a tree when I figured that out, and I went to sleep. And it come night, an' it was dark when I come to. They was a coyote squawkin' near by. Before I knowed it, I was sayiin' out loud, 'The hell with it! There ain't no sin and there ain't no virtue. There's just stuff people do. It's all part of the same thing. And some of the things folks do is nice, and some ain't nice, but that's as far as any man got a right to say.'"

Steinbeck may have begun to answer some question for himself...will my questions ever be answered? What about my first original question before I turned six? "Why do human beings do what they do to each other?" Is sexuality (or lack of) the root of it? Is it fear of death? What is it? What? What?
What?

a psychological or regular dream. In fact, it was one in which you had a spiritual experience during a sleeping state and dramatically changed your life because of the dream. Some examples include:

- Spiritual awakening or spiritual challenges
- Physical and emotional healing
- Preparation for a life change
- A new way to believe in God beyond the self
- New outlook of the soul, death, heaven, afterlife or other spiritual realms of being
- Feelings of empowerment, creativity confidence, strength or assertiveness
- Knowing that someone who made his or her transition is Ok (or making peace with the relationship)
- Seeing or understanding one's own future
- Transcending the boundaries or limitations of the past (childhood, resentments, religion, etc.) or reconnecting with it in a more meaningful way
- A different perspective about what is really important in one's life
- Spiritual oneness, intense bliss or wisdom, or any metaphysical revelations

The Mission of this book is twofold: (1) to inspire the reader by sharing how spiritual leaders and famous people have transformed their lives due to life-changing dreams; and (2) to help the reader recognize, explore and awaken to his or her own life-changing, spiritual dream. I am writing to ask if you would be willing to contribute one of your transformational dreams for my upcoming book, "Spoken in Dreams." Because revelatory Biblical dreams will be interspersed throughout the text, you are also cordially welcome to provide any comparison or inspiration with a Biblical dream and your dream. How might they be similar? How did they both inspire you? Any Biblical references from your perspective will be greatly appreciated and honored. Your dream, however, must be unpublished in any other source. Moreover, you are invited to provide suggestions on what you would like to see included in this book. You can contact me through any of the options listed below. I look forward to hearing about a dream that has been special to you. After I receive your life-changing dream, I will contact you for permission to use it and/or to speak with you about it.

Blessings in unity,

on registering, call Ray Greenleaf at 925.258.7311, or visit www.jeremytaylor.com

August 19-20 in Cleveland, OH. "The Art of Dream Healing". Weekend workshop with Robert Moss in a lovely nature setting. Contact MiShalla (513) 697-9845, mishallamoon@freewwwweb.com

Aug 20-24 in Redlands, CA
Unitarian Camp Debenniville Pines. Four days of daily talks and dream workshop with Jeremy Taylor at the meeting of the Pacific Southwest Institute of Religious Liberals (PSWIRL): "Understanding the Creative Power of our Dreaming Mind." Dreamwork each day. OPEN TO ALL. Contact Beth Swanson at 310.830.0717 or visit www.jeremytaylor.com

Aug 25-27 in Charlotte, NC
The Haden Institute Dream Leadership Training School: Workshop with Jeremy Taylor. Contact Bob Haden at 704.333.6058 or visit www.jeremytaylor.com

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dream-flow.v001.n330 - dream-flow. v001.n345
Hello and welcome to the DREAM SECTION of Electric Dreams.

This section is edited by Richard Wilkerson and the DreamEditor, a software creation of Harry Bosma, author of the Dream interpretation and journaling software "Alchera".
(homepage: <http://mythwell.com>)

The Electric Dreams DREAM SECTION includes dreams and comments from the DREAM FLOW, a project to circulate dreams in Cyberspace.

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----- BEGIN dream-flow.v001.n330 -----

001 - Anonymous - The End

----- DREAM dream-flow.v001.n330.1 -----
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From: Anonymous
Subject: The End
Date: Sat, 24 Jun 2000 09:53:53 -0700

Dream Title The End, By: Christie
GA Date of Dream

The dream started with me driving down the road with a
friend. Then as we drove for a few miles I noticed a plane
had crashed in the middle of the road. I was frightened by
the sight of it, but as I kept driving I saw many planes
that had crashed. One of which happened directly in front

of my car. I then got excited because I just knew that the world was ending and the Lord would soon return and take his children home. So in my dream I began to shout "it's here, it's here"! My friend asked very frantically "what's here, what's here"? I told her the end was here, the Lord will soon come to take us to Heaven. Then I asked her if she had ever accepted the Lord's plan of salvation. She then began to cry and I knew the answer. So I told her to pray and ask for God's forgiveness. I told her that it had to come sincerely from the heart otherwise it's meaningless. So then my friend and I knelt down and begin to pray.

And that is when my alarm clock woke me up.

Comments by Dreamer I'm not sure of the date nor the time of which I had the dream. I think it was around 5:00a.m.
Permission to Comment yes_share_comments
Permission Comments

----- END dream-flow.v001.n330 -----
----- BEGIN dream-flow.v001.n331 -----

001 - Anonymous - monster of romance
002 - Anonymous - My boyfriend

----- DREAM dream-flow.v001.n331.1 -----
-

From: stan kulikowski ii <stankuli@pcola.gulf.net>
(Author requests name and e-mail be kept with the dream)

DATE : 18 july 2000 10:39
DREAM : earth shaker

=(last night, tuesday early AM, i got in driving back from massachusetts at 02:54. my mother was in her room reading and i got her up while i unpacked my car of the easy things. figure i will dismount the motorcycle from its trailer tomorrow and clean the car. i had left my friends in massachusetts around 17:00 on sunday and got home 1500 miles later, pretty much driving straight through and

sleeping only when needed, about six hours total for the trip. i had been gone for a little more than two weeks on vacation and visiting friends up north. i got to sleep around 04:15 which is pretty normal time for me.)=

the cultural gardens of kyobi, japan are a place of artwork and goodwill. i am there for a few weeks on an exchange program, arranged by my university. the gardens are actually set up in a courtyard outside the main building. many statues from various times of japanese history and representing styles of art have been arranged area in front. paintings and other works of less durable nature are inside.

i am outside in this garden of artwork to watch my friend, fiat yokohama, work out with his kendo sword. with me is michelle littlefield who is walking around looking at the various statues. her mother has taught her to appreciate the finer aspects of sculpture. michelle is a cute little blonde girl, aged about eight years, sent over here by her parents to be with me on her school vacation. after a while fiat gets tired of his sword passes, looking more like a slow moving ritual than a manual of arms. when takes off his helmet, his face is clearly covered with sweat.

seeing that he is finished for now his exercises, michelle goes over to fiat. he begins explaining to her the philosophy behind the practice of kendo and the harmony of the universe.

"all things have structure." he begins. "no matter how big or how small an object is, there are lines of force that holds them together. for the warrior, intent on destroying or protecting a thing, it is a matter of finding those lines of balance and applying a small force to just the right place where the lines converge. everything has at least one of those center points and then our task is to learn how to locate and use them."

he goes on into more details with her, but i do not listen. i am more interested in some of the details of the sculptures as i wander through them. after a little while, i hear michelle say, "can i try?"

"yes, why not?" replies fiat. "but do not expect too much at first. you must be patient and learn."

so michelle walks away looking at the various statues. soon she selects a giant replica of the god, rikaiyu, a towering work of stone and inlaid metal. rikaiyu looks like a cross between a man and lizard, frightening face and arms upraised in menace. "i do not like you so much." michelle tells the statue as she gently puts her hand upon its leg.

michelle begins to push on the spot of the leg, usually with a gentle pressure but in sequence with some complicated rhythm. the significance of this pattern of pats and pushes does not seem any reason except to her. sometimes a slap or even a punch; others a mere caress. the rhythm of her handwork defies adequate description. soon i can see that the statue itself, maybe five meters tall towering above her, begins to shake and vibrate. still she finds just the right tempo to add a little more pressure in its shaking. finally parts of the demon begin to crack and fall off, and suddenly it splits down the middle with a loud crack.

"cool." she says. fiat and i look at each other in amazement.

michelle then goes over the edge of the building of the cultural center. she puts her hand out to touch the concrete corner. again she starts applying the little pushes in a faster pattern this time to the place she has selected. the building is about five stories high, a collection of glass and metal and brickwork. i think surely this is too large, but pretty quickly the frame begins to shake and groan as if in a local earthquake. michelle has wrinkled her forehead in concentration on the sequence of vibrations to know just when to add one more push. suddenly the whole brick wall of the first floor gives way in rush beside her.

"michelle!" fiat and i cry in alarm, but she is unhurt. the avalanche of brickwork fell out just beside her.

still thinking about the possibilities of her new discovery, she walks a little way out into an open area of the courtyard. then she kneels down and slaps her hand against the pavement on the ground. she starts to perform a big pattern of forces on the earth itself. "michelle, no!" i yell over to her, sounding just like her parents. she shrugs and stops. i did not want turkey or thailand just falling off into the sea.

by now people have come swarming out of the cultural building, thinking there must have been a major earthquake. most of the people inside have been trapped upstairs by the collapsed central stairway. i think that i had better get in touch with the authorities at my university to warn them of this event as soon as possible. i dig through the knapsack i have been carrying for the address of the attache which i am to contact in case of emergency. i think this certainly qualifies.

when i find the piece of paper with his international telephone number on it, i realize there is a problem. all of the satellite communication equipment is on the second floor of the building which is now unreachable because of the collapsed stairs.

"what about the transmogrifier?" i ask fiat. "do you think you can operate it?"

"i think so." he answers. we go together over to an equipment store room, now opening into the courtyard since its wall went down with the falling brickwork. the transmogrifier is another piece of experimental technology that we were only to use under extreme circumstance.

in one of the boxes on a table i locate some brass cylinders and a complex crystal prism. ah, these are parts of the device. fiat takes them from as quickly assembles them with a few other parts.

"here goes." he switches on a knob in the side and points it at me. there is a small hum and a beam of light comes out from crystal. but when the beam hits my chest, nothing happens.

"darn. does not work." i say.

"no." fiat tells me. "i do not think this works the way you expect to."

with the light beam still on my chest, the device sprouts a tentacle of quicksilver ectoplasm. this shiny, irregular extrusion snakes around in the air several times before finally coming around to touch me in the spot where the beam of light has marked.

a white glow covers my whole body and i feel my consciousness separate from the matter which comprises myself. in a flash i find myself in the communication room up on the isolated second floor. my appearance there has a white translucent quality. i can touch and feel things, but i know that my actual body is back with fiat as long as he keeps the transmogrifier connected to me. i am in a sort of projection emitted by the device. there is a long thin, elastic tendril of silver that extends away from me, keeping me in connection i assume.

"we need to set up a scrambled conference call to the university in the united states." i tell the startled the japanese technicians in the telecomm room. their english is pretty good, so they understand what needs to be done once they get accustomed to my appearance.

soon the teleconference is established. "hello, are you there?" i hear the voice of the provost, a man i hardly know.

"yes." i reply looking at the video monitor on the wall. "i see the university lawyer is there with you. is sheigeiko honda there too? she needs to hear this." sheigeiko is the coordinator of the japanese exchange program.

"yes, i am here." i hear her voice then she steps in front of the camera so i can see her.

"the situation is this. my girl friend, michelle, has discovered how to use a harmonic resonance which has the ability to destroy entire buildings at least. maybe she can do much more as she was inclined to experiment with moving the entire earth. if anyone can do this, and all eight year old children find out that this can be done, it will probably mean the end of civilization as we know it. every structure can be brought down by anybody who fancies to do it. on the other hand, if only michelle can do this, then some kind of monitor or protective service will need to be set up to secure her and establish a control on her powers. if only some people can sense the confluence of structure supports and how to use them, then we need to ascertain who they are and how to identify who needs containment for the safety of everyone. perhaps only eight year olds can do this. that is a disturbing thought."

"how many people know about this?" this new provost is not very bright it seems.

"michelle, fiat and myself. the technicians in this room and yourselves. but if this has been figured out once, then it will be again and perhaps in less controllable circumstances. eliminating the sources of information does not solve the problem."

a technician from the states side pokes in. "how long have you been using the transmogrifier? it has not been tested for more than a few seconds and was not intended for long term use."

i notice that the silver umbilical line from my projected body has dissolved only a few meters away from me, waving listlessly in the etheric currents. i may be trapped forever in this ghost body if i can not get back to my corpse just outside the building. distance and direction in the astral plane are not relevant to normal dimensions. will have to solve that problem when we get to it.

=(i awake here at 10:15. michelle is the little girl i was visiting with her family in massachusetts until two days ago. sheigeko honda is the director of the japanese exchange program at my university. all other persons in this dream are unknown to me. the demon, rikaiyu, had appeared in another dream a long time back. this was a votive statue to him, not the actual being.)=

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.                stankuli@gulf.net
=== qui non est hodie cras minus aptus erit
| | who not is today, tomorrow less suitable will be
--- -- Ovid _Remedia Amoris_ i 94
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----- DREAM dream-flow.v001.n331.2 -----

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From: Anonymous
Subject: My boyfriend
Date: Mon, 26 Jun 2000 08:58:43 -0700

Date of Dream 6-26-2000

My boyfriend had a dream and told me about it. He said that he recently had a dream that we were at the church, about to get married and he then realized that he didn't have a ring to give to me. What does this mean?

----- END dream-flow.v001.n331 -----
----- BEGIN dream-flow.v001.n332 -----

001 - Anonymous - Court & witchcraft
002 - Anonymous - Weird dream
003 - Anonymous - Golden PolarBears
004 - Anonymous - Weird Angel
005 - Anonymous - Cheater can't change spots!
006 - Anonymous - Cheater can't change spots!

----- DREAM dream-flow.v001.n332.1 -----
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From: Anonymous
Subject: Court & witchcraft
Date: Tue, 27 Jun 2000 09:21:35 -0700

Dream Title Court & witchcraft
Date of Dream june 26

I'm standing in a hallway going to a courtroom. (in reality my husband and I have a serious case coming to trial soon). I walk into the court and everyone stops to look at me. I go and sit next to my husband, I'm dressed very casually, jeans and t-shirt and sandals. He's rubbing ben-gay on his feet and ankles. A female lawyer with long brown hair is asking questions. She's our lawyer (in reality our lawyer is a man.) She's wearing a grey suit she asks the question "but you've never testified in this type of case have you? the witness says no. I ask my husband where our lawyer is and he says "with the new baby, he kept yawning while he was asking questions so..." people are standing lined up against the wall. One by one they step forward raise their

hand and say "convict". I blame myself for loosing, if I had been there the entire time or been better dressed. We would have won. Also when I entered the courtroom it was madness and mayhem. Not the typical conservative setting you would expect to normally find. After the trial we approach the bench. I ask what we need to pay. The judge says "one large pizza...did you have any tea?" I take the check from his hands, I really think about it and I say I had no tea. Even though I really did. I also didn't have any food. But it's like I did. Food service during trial? The memory is there but it really didn't happen. The judge is a woman looking person but it is a he. He's having trouble trying to figure my check. He's having trouble working the calculator trying to figure the tax specifically. its 159 or 59. The judge gives up. Everyone has left the courtroom but myself and my husband. I'm trying to figure the check so I can pay it and not have to worry about it. (reality-i've been stressing about if we loose and the costs involved and tryin to save for it)I don't want to leave until I figure the check but I seem to be having problems also, which I don't understand because I use to wait tables and had to figure checks with a ten key all the time. The judge and bailiff are walking out of the room and they say "lock the door behind you". My husband and I freak out thinking it can't be good to be left alone in the courtroom so we decide to leave. As we leave the room two girls approach us wanting to get into the room. I don't think this is a good idea so I say "oh I'm sorry but I already closed and locked the door." I try the knob to show them but it opens. I quickly close the door again trying to get it to lock and the second time it does. I look up and the two girls realize what I have done and are very angry. "Now what are we suppose to do one?" of them asks. She has long dark flowy ebony black hair. We walk away. I'm outside the courtroom but I'm with another man-man1. I don't know where my husband went. I'm carrying a brief case and another man-man2 approaches. I don't know why but I'm terrified of him-man2. I get into a car. My car but in my dream it belongs to man1. I rush to get in and have to sit ontop of a bunch of stuff in the seat. I scrunch myself in and we leave man2 behind us. As we are leaving I see a girl riding her bike towards us. I tell man1 to hurry. I realize that "outside the courtroom" was outside my old highschool and we are traveling down a strip of road known as marsh ln just down the street from my old highschool. the girl on the bike is getting closer and I'm getting panicked. I keep telling man1 to hurry, she's

getting closer. I know if she gets close things are going to be very bad. She's mad that I closed the courtroom and I fear for my life. I don't know how I know it but the girls wanted the courtroom to perform some sort of evil witches ceremony. The girl on the bike is trying to hurt me. I'm really panicked. I keep telling man1 to hurry, speed up, she's getting closer. He lets her get closer and rolls down the back window and throws a stick out right as she gets really close and trips up her bike. we get away. Man1 is a witchhunter and I'm his helper I realize. Comments by Dreamer

Permission to Comment yes_share_comments
Permission Comments strictly anonymous please

----- DREAM dream-flow.v001.n332.2 -----

-

From: Anonymous
Subject: Weird dream
Date: Tue, 27 Jun 2000 20:41:23 -0700

Dream Title Weird dream... Lydia
Date of Dream June 24th, sometime after 2 AM

I was sitting in the gym of my high school with four of my closest friends, one of whom was a male friend whom I have strong feelings for that pass friendship by a lot. We were studying for final exams and smoking marijuana. After we went to take our tests and our buzzes were gone, I went back to the gym. I found it completely empty except for my male friend. He took my hand and led me into a storage room. He lay down on the ground holding my hand and kissing it while I sat next to him talking. Every so often I tried to kiss him but he would stop me and go about his business of kissing my hand and now he'd begun telling me he loved being with me. Then, I was playing with a doll that looked exactly like me and was dressed exactly how I was. When I looked back at my friend he was staring at me and then the doll disappeared. He pulled me down next to him and just as he was about to kiss me, I woke up.

Comments by Dreamer This was the weirdest dream I've had in a while, obviously my dreams aren't very weird but this one has stuck in my mind. When I woke up I was hoping to God it had been real.

----- DREAM dream-flow.v001.n332.3 -----

-

From: Anonymous
Subject: Golden PolarBears
Date: Tue, 27 Jun 2000 22:51:13 -0700

Dream Title Golden PolarBears...mela_sb
Date of Dream 6/27/00 10:36 pm PST.

The dream begins at the beach. My husband and myself and 2 children. We are living (renting for summer) a beach house, this house has the ability to float on the water or sit on the ground, when it is floating the center of the living-room is an open swimming pool, with access to swim out side of the house, you can enter or exit this way, but there is a set of bars that you can close to secure the house from entry. Yes there are normal doors and windows. The floors of this house are tiled in mother-of-pearl.

I am awakened by a snoring sort of noise, feeling a little uneasy I go to check on the kids. To my astonishment, my daughter (about the age of 6) is asleep in her room but there is this baby golden polar bear in bed asleep with her, it startles me and I wonder where the mother of the bear is. The bedrooms are on the second floor a walk-way circles the upstairs and you can look down onto the livingroom and kitchen areas. I go to check on my son(age8)and he has two golden bear cubs in bed with him. I'm still worried about the where abouts of the mother bear. I look over the rail down into the livingroom and see another family of golden polar bears asleep the mother is laying close to the pool a paw in the water, her cubs are laying north of her and south of her. This mother bear is snoring loudly, and then again looking around the downstairs area I spot another bear and then another neither of these have cubs with them.

By this time I'm really getting anxious about all these bears, so I go and wake the hubbin and tell him, he comes and takes a look and says it's ok their just sleeping. But

what about when they wake-up hungry, I said. He goes into the kids rooms wakes them and asks them about the bears, the kids say they're nice bears and won't hurt us. Their mommies stay down stairs and they won't come up the stairs. they're afraid of them (stairs). So although I don't like all of this business we go back to bed.

The next morning I'm heading for the stairs and notice that the kids are downstairs and they're playing with the cubs, they are diving into the pool and the cubs are also swimming with the kids. The other bears are just sort of laying around watching.

Well I am the only one who is uncomfortable with these bears roaming around freely in the downstairs and the cubs up-stairs. I find myself insisting that the bars be closed off, the only problem is how to get the bears out-side first.

A summer storm is starting outside.

the house is riding the waves and is rocking much like a boat.

that's it...

Comments by Dreamer: would love to hear what you have to say about this dream.

thanks, mela

----- DREAM dream-flow.v001.n332.4 -----

-

From: Anonymous

Subject: Weird Angel

Date: Wed, 28 Jun 2000 01:09:53 -0700

Dream Title Weird Angel by Regina

Date of Dream 06/26/00

Ok, here's the thing, this dream is always very short and occurs frequently. When I say frequently, I mean, once every 6-8 months or so. It has been the only reoccurring dream that I have ever had. I cannot see myself in the dream but I am looking trough my eyes and all I see is a pool table at a very weird angel. It's as if I were

crouched down on the ground and looking at the table. All that is on the table are the pool balls and they have obviously been hit by the cue ball because they are scattered all over the table. This dream makes me feel quite sick and panicky even after I have woken up. Any opinion would be greatly appreciated. Comments by Dreamer

Permission to Comment yes_share_comments

----- DREAM dream-flow.v001.n332.5 -----

-

From: Anonymous

Subject: Cheater can't change spots!

Date: Wed, 28 Jun 2000 08:34:18 -0700

Dream Title Cheater can't change spots! Nikki

Date of Dream 06/27/00 5:00 a.m

I have this dream rather often, and I would like to make it stop before it ruins my relationship! I usually dream it in the a.m. right before I wake up. The particulars are usually different, but the theme is the same. Like this morning, I remember this dream vividly. I was down at my beach house with my live-in boyfriend and for some reason one of my sister's friends (who has never met my boyfriend in real life). We had no food in the house, so I decided to go grocery shopping. I was gone for maybe half an hour, but in the short time I was away, my boyfriend and my sister's friend slept together. No one actually told me, I just knew. I remember being so hurt, and the girl just left with out saying a word. My boyfriend seemed to shrug it off, like it was nothing. So I left him and went back to our house to call my sister to tell her what happen. When she answered I heard a lot of people in the background and knew she was having a party. When I told her that her friend was a "bitch" and slept with my man, she just laughed and said she already knew, and she said "I told you this was going to happen, he's a cheater!" (my sister likes my boyfriend and never talks ill of him). She just kept laughing and I hung up in disbelief because she usually is very supportive in bad times. So I decide to call this girl to ask her why she would do such a thing, but no matter how hard I tried, I couldn't dial the correct number! I must have tried 50x's or so, but I was always pressing the wrong number like I

was drunk or my fingers weren't working right! Then I woke up, frustrated and jealous and mad! This has happened on numerous occasions with more or less the same theme. I am 24 y.o. and have been with my boyfriend for 8 years, living w/ him for the past three years. He did cheat on me about 4 years ago, but we have moved on and he has been nothing but faithful and devoted for the pass three years! Besides the obvious concerns that my dreams are expressing, why can't I end these and why does no one seem simpathetic to me in them? Comments by Dreamer

----- DREAM dream-flow.v001.n332.6 -----

-

From: Anonymous
Subject: Cheater can't change spots!
Date: Wed, 28 Jun 2000 08:33:23 -0700

Dream Title Cheater can't change spots!
Date of Dream 06/27/00 5:00 a.m

I have this dream rather often, and I would like to make it stop before it ruins my relationship! I usually dream it in the a.m. right before I wake up. The particulars are usually different, but the theme is the same. Like this morning, I remember this dream vividly. I was down at my beach house with my live-in boyfriend and for some reason one of my sister's friends (who has never met my boyfriend in real life). We had no food in the house, so I decided to go grocery shopping. I was gone for maybe half an hour, but in the short time I was away, my boyfriend and my sister's friend slept together. No one actually told me, I just knew. I remeber being so hurt, and the girl just left with out saying a word. My boyfriend seemed to shrug it of, like it was nothing. So I left him and went back to our house to call my sister to to tell her what happen. When she answered I heard a lot of people in the background and knew she was having a party. Wh! ! en I told her that her freind was a "bitch" and slept with my man, she just laughed and said she already knew, and she said "I told you this was going to happen, he's a cheater!" (my sister likes my boyfriend and never talks ill of him). She just kept laughing and I hung up in disbelief because she usually is very supportive in bad times. So I decide to call this girl to ask her why she would do such a thing, but no matter how hard I tried, I couldn't dial the correct number! I must have tried 50x's or so, but I was always pressing the wrong

number like I was drunk or my fingers weren't working right! Then I woke up, frustrated and jealous and mad! This has happened on numerous occasions with more or less the same theme. I am 24 y.o. and have been with my boyfriend for 8 years, living w/ him for the past three years. He did cheat on me about 4 years ago, but we have moved on and he has been nothing but faithful and devoted for the past three years! Besides the obvious c! ! oncerns that my dreams are expressing, why can't I end these and why does no one seem simpathetic to me in them? Comments by Dreamer

----- END dream-flow.v001.n332 -----
----- BEGIN dream-flow.v001.n333 -----

001 - Anonymous - Thinning hair
002 - Anonymous - "megan"
003 - Anonymous - Just a Dream? or a flight through consciousness chaos?
004 - Anonymous - dreaming of my ex
005 - Anonymous - the little man

----- DREAM dream-flow.v001.n333.1 -----

-
From: Anonymous
Subject: Thinning hair
Date: Thu, 29 Jun 2000 07:02:46 -0700

Dream Title Thinning hair
Date of Dream 29/06/00 12 mid - 7.30am

I dreamt that my hair thinned out whilst sleeping on the right hand side on the back of my head - any ideas

----- DREAM dream-flow.v001.n333.2 -----

-
From: Anonymous
Subject: "megan"
Date: Thu, 29 Jun 2000 06:55:23 -0700

Dream Title "megan" tmclark

Date of Dream someimte in mid to late june.. like 3rd week or something

I had a dream that this girl who was about 5 or so years older tha me that was in my sunday school class when i was little... well she recently died... probably from her weight.. i had a dream that i was standing over this pond or lake or something and it was dirty.... and megan came up out of it floating... she was on her back... but she was alive and i said something that i cannot remember that made her real mad and she wanted to eat me... she is a very large girl..and she was chasing me. and then my dean from my highscool came and grabbed me by the arm for cussing and took me to my school which we had to walk to up this big hill and it was far away. And then she assigned me after school detention for saying this bad word or something. I think it is really weird... i was scared when i woke up too!

Comments by Dreamer do you think it meant anything important?

----- DREAM dream-flow.v001.n333.3 -----
-

From: Anonymous
Subject: Just a Dream? or a flight through consciousness chaos?
Date: Thu, 29 Jun 2000 06:52:21 -0700

Dream Title Just a Dream? or a flight through consciousness chaos? Angela
Date of Dream about 2 years ago, around midnight

-I once had a "dream", about two years ago, that really seemed to have an impact on the way that I perceive life. It was a telepathic/out of body experience involving spirits.

-I found myself floating outside of my bedroom window (as if it were perfectly normal) and I was interviewing this other spirit (kind of like "Interview With the Vampire" I guess). I could not see this spirit, I only sensed its presense and that it was a "Male energy". I was also communiacting with him telepathicly, although I had no clue who in Hell he was. To my present consciousness, I have no clue why I was even interviewing this spirit, and what it

was for. All I remember is that the interview went deeper into the "abyss" as I would call it, and that I had no idea what I had gotten myself into. I also remember sensing this "man's" wife in the background and I then got an impression that they had something in relation to Romeo and Juliet (although they themselves were not Romeo and Juliet). Because of this, I then suspected their "story" had something to do with Shakespeare's time, and how he wrote (eventhough I was not educated in what he wrote about). The interview then! ! dragged me into this deeper telling of how the world was in the beginning, and what it represented. The fact that all this info was coming at me telepathicly, made me terrified to human extremity when I woke and my brain could not process all of this chaos.

I can tell you what else I saw in the dream, but as for the information that the spirit was giving me, I have no clue how to comprehend any of it as a reality.

I remember having a vision of a stone which possessed a symbol which, I guess, kind of represented the origination of the spirit and his wife. For some reason it struck me as being a symbol of the moon although it did not look like one. They were giving me information about human life/history that was very disturbing to me (although it only disturbed me when I woke up and could no longer perceive any of it). During the dream I had the impression that this spirit was not of this world, just because he seemed to communicate a different perspective on our earthly beginnings. In a sense I must have become one of them, and the reason I was so disturbed when I woke was most likely because I has been pushed back in to my human consciousness. I also remember spinning around exactly like the Tazmanian Devil infront of my local video store. All this took place during the night, and as I was "spinning" by the video store I noticed that I could not avoid attacking this other spirit that w! ! as looking in his trunk. Again, this was a spirit, and I could not even see him I could only sense his presence. Once I had "consumed" him I was sent back to my bedroom. I then looked out of my window an saw this massive planetary object (of red and black) in the sky above my window, where I had been interviewing the first spirit. I guess that it must have been moving closer, as if it were to hit the Earth. But I then woke up and was so terrified that I could not sleep the rest of the night, I also was so disturbed that I

thought that I would never sleep again for fear of this "dream".

Now that it is well out of my consciousness I cannot even come close to reliving the terror that I felt that night. I have pretty much forgotten about it now (I sleep fine). I does not affect me anymore just because of the fact that I cannot presently understand what it meant. I also remember a deep sense of opposition to God when I woke up. Could you please help me with this so called dream?

Comments by Dreamer -this was an experience, not a dream.

-I cannot stop scratching my head at this one.

-If I could only feel what I felt at the moments after I woke up from this dream now, I would be in a mental hospital.

-I don't know why it was so spiritual, yet terrifying.

-I also don't know why these spirits seemed human yet weren't communicated as being from Earth.

-I would like to know if anyone else has had a similar dream

Permission to Comment [yes_share_comments](#)

Permission Comments -I would like to have someone elses interpretation

----- DREAM dream-flow.v001.n333.4 -----

-

From: Anonymous

Subject: dreaming of my ex

Date: Thu, 29 Jun 2000 23:58:31 -0700

Date of Dream 28/4

I've been dreaming about my ex-boyfriend. We have been broke up for almost a year now, and I have a fiance. Why would I be dreaming of my ex? Comments by Dreamer

Permission to Comment [yes_share_comments](#)

----- DREAM dream-flow.v001.n333.5 -----

-

From: Anonymous
Subject: the little man
Date: Thu, 29 Jun 2000 23:51:50 -0700

Dream Title the little man Cutiepye

Date of Dream June 29, 2000 @ 4:00 am

It starts out i'm with my mother and we are in a little cafe. And there are two guys in there and they are talking to us but they aren't at the same table. Well I go off with the one of the guys and we go to this house were we run into two other people and male and a female. And there is this little tiki man with an axe and I know that he will kill us. So I try to wrap him up and put him in a box so he can't get out...but he does. And he ends up killing the guy who I had met at the cafe. The other guy comes out of this room he was sleeping in and is all calm and he brings out stuff for me to throw at the little man that keeps trying to shoot arrows at us. I fight him off for a little while and then that's where I woke up.

Comments by Dreamer I have this dream every once in a while, the same little man is in it but the people change and so does the situation. But I'm still trying to fight off this little Tiki Guy who is trying to kill me and my friends.

----- END dream-flow.v001.n333 -----

----- BEGIN dream-flow.v001.n334 -----

- 001 - Anonymous - hair/lovely daughter
- 002 - Anonymous - decapitated by Lee
- 003 - Anonymous - July Survey: Are you having computer dreams?
- 004 - Anonymous - July Survey: Are you having computer dreams?
- 005 - Anonymous - Andie

----- DREAM dream-flow.v001.n334.1 -----

-

From: Anonymous
Subject: hair/lovely daughter
Date: Fri, 30 Jun 2000 21:39:02 -0700

Dream Title hair/lovely daughter
Date of Dream 6/26/00 6:009.m.

I was continuously trying to comb a hair which was full of tangles. Comments by Dreamer

----- DREAM dream-flow.v001.n334.2 -----

-

From: Anonymous
Subject: decapitated by Lee
Date: Fri, 30 Jun 2000 21:39:29 -0700

Dream Title decapitated by Lee
Date of Dream 30/6/00

30/6/00

In my dream I walked into a public toilet block when I looked in in the cubicles 7 children were sitting down and they had all been decapitated there heads were on the ground and blood was everywhere. When I turned around the person who had decapitated the children was standing there with a big knife but for some reason I wasn't afraid but I didn't say anything and then I woke up feeling quite weird because I don't know what brought on this kind of dream. Comments by Dreamer

----- DREAM dream-flow.v001.n334.3 -----

-

From: Anonymous
Subject: July Survey: Are you having computer dreams?
Date: Sat, 01 Jul 2000 09:22:00 -0700

July Survey: Are you having computer dreams?

I am collecting dreams, dreams you have during sleep, of computers and Internet related issues and topics.

Send them to me, Richard Wilkerson, at
rcwilk@dreamgate.com or drop off anonymously at
<http://www.dreamgate.com/dream/temple>

Are you dreaming of problems with your hard disk, getting connected, the wrong programs coming up, not being able to find the file you want? Does your computer turn you on, and have you found yourself mating with a digital partner or cyborg sex? Has god spoken to you through your computer in a dream? Has the computer in a dream assisted you in becoming lucid?

Just as during the last turn of the century, we shifted from horse and carriage dreams to cars, trucks and jets, now too we are entering a new cyber-symbolic era of networking and global interface. What dream content will remain, what will change?

This is a joint study by Electric Dreams and DreamGate:
<http://www.dreamgate.com/electric-dreams>

Previous Articles:

Digital Dreaming Series -Computer Dreams : The changing (inter)face of dream texts. Part I : Electric Dreams 7(3) March 2000 Part II : Electric Dreams 7(7) July 2000 Available online: <http://www.dreamgate.com/dream/ed-backissues>

Note: all dreams to be published anonymously unless you would like credit. Be **Very** clear about the personal information you would like included, otherwise your personal info will be removed and a pen-name assigned to the dream.

Feel free to send in articles and comments as well. Electric Dreams is a public service network and can not offer you money for your articles or dreams, but we can get your ideas and dreams out to the public.

Thanks for your cooperation, look for your dreams in the upcoming issues of Electric Dreams.

-Richard Wilkerson editor, Electric Dreams
rcwilk@dreamgate.com

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1994. <http://www.dreamgate.com/electric-dreams>

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Net venues you wish.

----- DREAM dream-flow.v001.n334.4 -----

----- DREAM dream-flow.v001.n334.5 -----

-
From: Anonymous
Subject: Andie
Date: Sat, 01 Jul 2000 18:02:22 -0700

Dream Title Andie
Date of Dream 6-30-00

I had a dream in which myself, my husband, and youngest daughter were at a restaurant and a man with light brown hair called my husband over to his table. I didn't know him, and was not a friend, but someone that my husband recognized. He gave my husband three different gold colored credit cards and told him not to go crazy, but to have fun and enjoy. He just wanted us to have fun. I asked my husband who he was and he said he was just an acquaintance that had a lot of money. He never came to our table and he never introduced himself to me. I remember him in great detail, and this dream was in color and highly detailed. I have had dreams in the past that were in color and detailed, that meant something significant, so I know that this means something. Can anyone help me understand this one? Comments by Dreamer

----- END dream-flow.v001.n334 -----

----- BEGIN dream-flow.v001.n335 -----

001 - Heratheta - Re: Digest dream-flow.v001.n334

----- DREAM dream-flow.v001.n335.1 -----

-

From: Heratheta
Subject: Re: Digest dream-flow.v001.n334
Date: Sun, 2 Jul 2000 13:55:46 EDT

until you read www.dreamgate.com./dream/dubetz/

after the - symbol is the place peace had lain if you had avoided becoming the word in ().

001-tangles (continuosly tried) 002-public (walked into)
005-restaurant (light)

----- END dream-flow.v001.n335 -----

----- BEGIN dream-flow.v001.n336 -----

001 - Anonymous - "Hooded Figure" by DJ
002 - Anonymous - Grandmother's House

----- DREAM dream-flow.v001.n336.1 -----

-

From: Anonymous
Subject: "Hooded Figure" by DJ
Date: Mon, 03 Jul 2000 13:36:14 -0700

Dream Title "Hooded Figure" by DJ
Date of Dream 7/1/00@3:00 AM

Recently i have experienced a very disturbing dream. In the dream a dark hooded figure stood over my bed. The figure was holding an object in its hand that i could not identify. I could not move and was terrified. As the figure brought the object close to my face i was able to with much effort free my right arm. I lashed out at the figure and as my hand brushed against it i awoke abruptly. As i awoke i actually jerked or convulsed and rose several inches off my bed in a prone position. I am hoping this was only a nightmare and i wasn't actually visited by an evil entity of some sort that night. I welcome any feedback i can get. Thank you. Comments by Dreamer

----- DREAM dream-flow.v001.n336.2 -----

-

From: Anonymous
Subject: Grandmother's House
Date: Tue, 04 Jul 2000 10:31:37 -0700

Dream Title Grandmother's House---Mossyfern
Date of Dream 7/4/00 abt. 9:00a.m.

I dreamed this morning that I was in my grandmother's house, with my ex husband and someone else (not sure who. My ex husband and the other person were involved in some sort of experiment, through a local college, wherein a professor at the college could, by phone, use some type of gas that enabled my ex and the other person to float for a brief period. I wanted to try this, but the professor, who went by either "Mr." or "Dr." Bagel, (but I knew this wasn't his real name, because he'd been my prof when I attended this college) didn't want to perform the experiment anymore. He wouldn't talk to me on the phone (only the briefest one-syllable answers) and informed my ex that the "C" pad on the phone referred to patient codes, not what he thought. My ex wanted me to ask the professor if the name "King" meant anything to him. (King is the name of the college.) After the phone conversation ended, I asked my ex and the other person if they hadn't noticed! ! that the gravitational pull in my grandmother's house was different than in most places anyway, because I had always been able to leap and stay in the air longer than normal there.

Next I found a dead goldfish in my grandmother's house, in a different room. I don't remember where the goldfish was, but it was in a place that seemed odd for a fish. I found another one later, and then one in the toilet, which needed to be flushed. I realized this was one of the fish I'd seen earlier, but the other one wasn't in the toilet.

Next I was talking to my grandmother, and felt sad, because I knew she was dead, even though we were there talking. It was as if I realized I'd stepped back in time, or was being allowed something special in this opportunity to see her again. (My grandmother passed away 2 1/2 years ago.)

I woke soon after this, and don't remember anything else.

Comments by Dreamer my ex and I get along fairly well, and although I miss my grandmother, I have many of her things in my home, and still feel very close to her. What a strange dream! I woke with a terrible case of the blues. I'd love to know what others think of this one!

----- END dream-flow.v001.n336 -----
----- BEGIN dream-flow.v001.n337 -----

001 - Anonymous - A weird one

----- DREAM dream-flow.v001.n337.1 -----
-

From: Anonymous
Subject: A weird one
Date: Wed, 05 Jul 2000 14:54:27 -0700

Dream Title A weird one mother's death
Date of Dream 7/5/00 4am

My maxi pad was full of blood so were my underwear. Doctors and Nurses talking about the letter 'B' and three different rectangular forms represented by the 'B'. Intense crying over the lost of my mother. All this happen in one dreams setting in the same order as listed.

Comments by Dreamer The dream seemed so real and intense. I did'nt watch any scary movie or ate late.
Permission to Comment yes_share_comments

----- END dream-flow.v001.n337 -----
----- BEGIN dream-flow.v001.n338 -----

001 - Anonymous - Woman in Two Worlds--Stairway713
002 - Anonymous - DISORGANIZED CONFUSION

----- DREAM dream-flow.v001.n338.1 -----
-

From: Anonymous
Subject: Woman in Two Worlds--Stairway713
Date: Thu, 06 Jul 2000 19:41:45 -0700

Dream Title Woman in Two Worlds--Stairway713
Date of Dream 7/6/00 @ 7:30 a.m.

In my dream I found myself in a pinkish colored bathroom with my 3-year-old son. There were no windows in this room. It was lit by a yellow bulb over a sink and mirror. As my son brushed his teeth in the sink and played in the water, I busied myself childishly putting soap suds on my bare breasts. I noticed to my right was a rather low arched fireplace. When I looked at it a little harder it wasn't a fireplace at all, but had glass in the opening where the logs would be and was full of water. In the water was floating feces. There was a pile next to it on the floor. My revulsion was intense and I inwardly blamed my husband. Then as I faced this disgusting mess I noticed to my right the wall had opened up to another world. In this world there was a building and inside the building in a room was a dark-haired little boy much the same age as my son strapped to a table. There were test tubes and all kinds of laboratory apparatus places all around him. Two men in white coats informed me that he had a disease and needed to be cured. That's when they started twisting huge mean-looking screws into his tiny legs and he began screaming. I asked them why they were doing this, why couldn't they at least give him anesthesia, but they said they had to do it this way. They were utterly emotionless and immune to his shrieks of pain. Placing my fist over my chest to still my pounding heart I realized that I was standing inbetween these two worlds.

Comments by Dreamer I believe I partially understand this dream and some of the symbology, but I am intrigued by what this is trying to tell me. Obviously balance is the theme, but I don't understand the "fireplace" in all this.

----- DREAM dream-flow.v001.n338.2 -----
-

From: Anonymous
Subject: DISORGANIZED CONFUSION

Date: Fri, 07 Jul 2000 10:42:31 -0700

Dream Title DISORGANIZED CONFUSION

Date of Dream July 5, 2000

I dreamt I was wearing a brown summer dress, and holding my sandals in my hand. I was walking down this dark lonely street, lost in my thoughts. I

turned back and noticed a brown and black stray dog coming up the street. I walked a little faster. I looked to my side, and I saw a child playing with blocks inside of a yard. The child screamed when he saw the dog, but the dog didn't attack the child. Instead the dog chased me, I picked up my dress a little, so I could run faster, and that's when I looked down and realized that only the tips of my toes were touching the ground as I ran. I was up a small hill, a few blocks away from my block.

The last thing I realized, was the dog kept gaining on me, and then I woke up.

Comments by Dreamer I don't even know where to begin to interpret this dream.

Permission to Comment yes_share_comments

Permission Comments Please have all comment forwarded to me so that I may read what they interpret.

----- END dream-flow.v001.n338 -----
----- BEGIN dream-flow.v001.n339 -----

001 - Anonymous - past love

----- DREAM dream-flow.v001.n339.1 -----
-

From: Anonymous

Subject: past love

Date: Sun, 09 Jul 2000 09:39:56 -0700

Dream Title past love

Date of Dream 24/06/2000

ok, this dream was about this guy who liked me at the start of the year and i didn't like him and then i told him i liked him and he lost interest. and now he hates me, for some unknown reason. so here is the dream i had:

i had just walked up to him and i tried to talk to him and he told me to fuck up and go away and all that sort of shit, and then i saw this white board with my name written all over it and it said stuff like - a voting sort of thing: "who thinks mel is hot?" "who wants mel?" and stuff written like that. this was all happening in a school hallway situation, we were standing by lockers, and the white board was small on a locker. we don't have lockers at uni.

anyway, i asked him why my name was written there, and he just gave me a greasy sort of look and mumbled something, but i didn't hear. and then i said "can i please talk to you?" and he said "ok, for a second" and so i said "look, i really hate not being friends with you" and he shook his head, and said "ok, maybe we can go out again". but we never in real life went out in the first place, we were just together for one night.

oh yeah, and when he said "ok, maybe we can go out again", he wrapped his arms around my waist and pulled me in close to him.

this guy absolutly hates me in real life Comments by Dreamer

----- END dream-flow.v001.n339 -----
----- BEGIN dream-flow.v001.n340 -----

- 001 - Anonymous - Bethanie
- 002 - Anonymous - Father In-Law
- 003 - Stairway713 - Re: Digest dream-flow.v001.n339 Past Love Comments
- 004 - LdyLilith3 - remove
- 005 - Anonymous - Girlfriend and letter /Primo
- 006 - Anonymous - "House Hunting"

----- DREAM dream-flow.v001.n340.1 -----
-

From: Anonymous
Subject: Bethanie
Date: Mon, 10 Jul 2000 14:01:06 -0700

Dream Title Bethanie
Date of Dream 0730 July 10, 2000

I dream that a brilliant white/yellow light is coming from behind something black that is blocking it. It shines in my eyes, and is so bright I am afraid and look away. I feel as though I should not be afraid, so I try to look at it, but I just can't. When I muster the courage to look, the light is gone. It reappears when I am not expecting it, and I flinch away again. I keep trying to look into it, but this pattern just repeats itself.

Comments by Dreamer No, it wasn't the morning sun coming through my window, my window faces southwest. There is also nothing reflective. It does remind me of another dream I had in which the sky opened up and a huge yellow planet, larger than the moon, appeared to me, but to no one else.

----- DREAM dream-flow.v001.n340.2 -----
-

From: Anonymous
Subject: Father In-Law
Date: Mon, 10 Jul 2000 11:21:52 -0700

Dream Title Father In-Law
Date of Dream August 10, 1996 @ 5:30a.m.

I was having a dream of driving a small truck. In my dream I remember driving by myself on the road. I then looked to my right and saw a strange man I never seen before. He then told me that he was (Matt's Dad). Matt is my boyfriend at the time. In my dream I remember being scared because Matt's dad was dead. He then told me not to be scared and that he was happy for me and Matt. He told me that everything was going to work out just fine and that we would have a happy life together. He then told me to stay with him because I am the only thing that Matt really loves. And then he left. But the really weird thing is that when I woke up, I woke Matt up and asked him about his father. He asked why. I then told him about my dream. He asked me to describe his father, I did. Exactly! And I have never before seen his father. Not even in a picture. And

when I was telling him this, I had described the truck that I was driving, I don't know why in my dream I remembe! ! red every little detail about the truck. But when I described it to Matt. It was the same truck that his father had died in ten years before. Comments by Dreamer

----- DREAM dream-flow.v001.n340.3 -----
-

From: Stairway713
Subject: Re: Digest dream-flow.v001.n339 Past Love Comments
Date: Tue, 11 Jul 2000 10:42:48 EDT

If this were my dream I would see the school setting as the stage for an important "life lesson" message. Because I am standing in a hallway I know that I am either in transition or about to embark on a transition. All these lockers are hidden secrets or unaccessed knowledge, possibly parts of me I keep locked away.

The white board on the outside of the small locker is announcing a part of my secret to the world, but I must be seeking peer acceptance because they are taking votes. The smarmy guy next to the locker represents not my actual past love, but some polar part of myself--my male side. I am not getting friendly vibes from this part of me--anger, a rift of some sort. There are sexual undercurrents here too. He seems to be taking charge of very personal aspects of my spirit.

I feel so compelled to make ammends with this part of myself. We once were one, but then we split apart and don't like each other now. I want "him" back. I make the conscious effort to bring this part of me back into myself. We decide to begin "courting" each other again and the integration begins as he pulls me close to him.

I would need to further analyze the feelings this real life person invoked in me to fully understand what part of me wants to become conscious again.

----- DREAM dream-flow.v001.n340.4 -----
-

From: LdyLilith3
Subject: remove
Date: Tue, 11 Jul 2000 11:11:04 EDT

----- DREAM dream-flow.v001.n340.5 -----

-

From: Anonymous
Subject: Girlfriend and letter /Primo
Date: Tue, 11 Jul 2000 09:52:20 -0700

Dream Title Girlfriend and letter /Primo
Date of Dream 07/11/00 11:06

I had a dream that I was in a concert or a large gathering with my brother and his family, and my ex-girlfriend was there. She had a letter in her hand and was looking for me. My brother took the letter and read it and said that her new boyfriend broke up with her and made me think that she came by to rekindle what was left in our relationship she kissed me passionately and hugged me when I asked to see the letter she told me it was no big deal and walked away. I stood there waiting for her, then my brother came to me and said she was over here waiting on me. then I woke up.

Comments by Dreamer I would like to know why my ex-girlfriend is still in my dreams.

----- DREAM dream-flow.v001.n340.6 -----

-

From: Anonymous
Subject: "House Hunting"
Date: Tue, 11 Jul 2000 14:18:14 -0700

Dream Title "House Hunting" from Bean
Date of Dream 7/11/00..10am

My boyfriend and I, along with some of his friends, are touring these huge, old, beautiful mansions. I really liked one of the houses, and was tempted to buy it. It had a lot of stairs, which we went up, although I don't remember ever coming down and stairs. We were on the second floor in a great room with a balcony overlooking the dining room. It had a long rectangle wood table with fancy chairs, and mirrors on the wall. It was a lovely room. After we left that room, we entered a kitchen, on the second floor. There was a big window, but instead of seeing out, we could see the backside of the paneling of the outside of the house.

The window had been covered up outside. The kitchen was not well lit, and a bit dirty. After the kitchen, we got to a room that looked like an unfinished basement, on the second floor. There were boxes and storage everywhere, and a big litter box that REALLY needed cleaned out. Then the houses owner came into the room and we saw her for the first time. She was an old, thin woman in a pink-ish dress. I recall I said something to her, but I don't remember what. Then the dream switched a bit. Suddenly, his friends all gone, Matt, my boyfriend, and I were approaching an apartment complex. Once inside an office, we met with two sly looking men in doctor's outfits. I knew they were selling us the apt. I was wearing a black, sexy gown, and I leaned over and showed off some cleavage. Matt didn't like this and told me to stop. We agreed on a deal, and suddenly I was in an apartment, my new one I suppose. matt wasn't there but my neighbor lady was. I was checking all the free appliances to ensure they all worked. She checked the ice maker, and I tried to get some to put in my drink, when she reminded me that the landlords said only 1 in 4 of the ice cubes were good. I recall that I remembered at this point that I had known the ice cube fact. That was the end of the dream.

Comments by Dreamer Although several of Matt's friends were there, I only recall seeing his friend Paul. About the litter box, I have 2 cats of my own. the 2 landlords seemed very familiar to me, but I don't know them. My boyfriend and I have discussed marriage in the past, and I am wondering if he is wanting to propose sometime soon. Also, I love big Victorian houses, and Matt and I have talked about building our dream house much in that style.

Permission to Comment yes_share_comments

Permission Comments Anyone can read it, please, if you have any ideas about meanings, let me know. I woke up with an incredible feeling of urgency, not normal for me.

----- END dream-flow.v001.n340 -----
----- BEGIN dream-flow.v001.n341 -----

- 001 - Anonymous - Romantic nightmare
- 002 - Anonymous - back to school by takmais
- 003 - Anonymous - which one???

----- DREAM dream-flow.v001.n341.1 -----
-

From: Anonymous
Subject: Romantic nightmare
Date: Tue, 11 Jul 2000 23:32:22 -0700

Dream Title Romantic nightmare By Tiffany
Date of Dream July 11,2000 @ 1:05 PM

I was in the Cafeteria and I was eating and the guy whom I happen to be very in love with walked up to my table and told me he loved me I then got scared and he started laughing

Comments by Dreamer I still am puzzled by this dream. What does it mean ?

----- DREAM dream-flow.v001.n341.2 -----
-

From: Anonymous
Subject: back to school by takmais
Date: Wed, 12 Jul 2000 20:52:10 -0700

Dream Title back to school by takmais
Date of Dream 07-11-00

i'm going back to college and it feels as though i havent been in a while. i pull into the parking lot and it is packed and there is no organization to how the cars are parking and moveing and i'm trying not to get in a wreck. the parking lot and the school is completly unrecognizable as anyplace ive ever been but i know its school. I dont remember what i did inside but when i came out i met an old classmate of mine who was one of my friends and we talked for a while. I then left and went to my car which was parked in the grass. i got in and noticed that the plase i was parked was waterlogged, and full of mud and i'd surely get stuck. i started driveing and slidding all around trying to get off the grass. it seemed that everywhere i looked there was too much mud and water. my friend randy then appears and tries to direct me out but hes directing me straight towards a shallow ditch with water in it and i say "no way, its full of water." i then !! start to back towards it, intending to move away from it but instead floor it backwards into the ditch. the car, "which is no

longer a car but some sorta multeroomed van" begins to turn over in the ditch which has become deeper. it keeps turning around and around with me inside trying to find a way out. even though i feel that i could be trapped inside i somehow dont feel panic. instead i'm cool and calm and thinking logicly about timeing my moves to get out at a time when the window is above water. I eventually get out but i'm now under about 50 or a 100 feet of perfectly clear water and my friend paul is down there with me and were both trying to swimm up to the surface. the whole time i'm thinking that paul "because he smokes and i feel hes sorta unhealthy" might not make it but i feel great and can even take small breaths under water. i actually enjoy the swim up. when i surface is when the dream evidently ends or i just dont remember any more of it.

Comments by Dreamer i have had the "going back to school" dream in one form or another countles times. each time i feel like i'm very disorganized and sorta outside whats going on.. i usually dont have all my books or miss classes or just dont have any info right. this one was a little different in that it ended with me feeling good about myself in a way.

Permission Comments please comment

----- DREAM dream-flow.v001.n341.3 -----
-

From: Anonymous
Subject: which one???
Date: Wed, 12 Jul 2000 22:49:21 -0700

Dream Title which one???
Date of Dream a couple nights ago

I was at work and one of my guy friends came up behind me and was going to tease me but he ended up giving me a hug from behind. It felt so good and I got this overwhelming feeling of "like" for him (the same kind of feeling I really get around this other guy I work with). Anyway I just pulled him closer and was hoping noone saw but not really caring at the same time. Then later in the dream I saw the other guy (the one I get all those feelings about in real life) and I walked up to him and kissed him. He was

kinda distant and not all into the kiss and I just kept asking him if he liked me and he wouldn't answer.

Comments by Dreamer I started working at that work about two months ago the same time as that guy who hugged me in my dream. As I got to know him I liked him but the other guy who works there I liked even before I started working there and I still like a lot!

----- END dream-flow.v001.n341 -----
----- BEGIN dream-flow.v001.n342 -----

001 - Anonymous - The Land of The Dead
002 - Anonymous - Parallel
003 - Anonymous - Aliens,
004 - Anonymous - What is she trying to tell me?
005 - Anonymous - Teacher
006 - Anonymous - my feet
007 - Anonymous - "Stranger"
008 - Anonymous - sillyrabbit

----- DREAM dream-flow.v001.n342.1 -----
-

From: Anonymous
Subject: The Land of The Dead
Date: Fri, 14 Jul 2000 08:36:14 -0700

Dream Title The Land of The Dead. Paula
Date of Dream July 11,2000

This dream was so vivid as if it was real. I was at my mothers house in her basement there is the opening that leads under the front porch. Me and a friend went under there because we thought we heard voices, its lead us into a strange diminsion where everyone was dead. Seemed to be in a different country which looked like England.

We both where given assingments to carry out while we where there like stop this person from doing that or get this person to do that. While on one of these assignments i lost some clothing as i fell into a swift moving stream. I got out and began to room to the place where we stayed. On doing this i had to take cover in some bushes as someone

was coming. Before the ppl actually got passed me 2 dogs began barking telling of my whereabouts. These dogs chased me out of the bushes and i was running down the street i slipped and fell. I tried to get up and grabbed a hold of this strange purple flower..which it had many thorns that got stuck in my hands the flower itself had a glue like substance on it which i coulnd't get off my had. At this point the telephone rang and woke me up from my dream. Too bad wanted to see how this one ended.

----- DREAM dream-flow.v001.n342.2 -----

-

From: Anonymous
Subject: Parallel
Date: Fri, 14 Jul 2000 10:54:01 -0700

Dream Title Parallel - Lisa
Date of Dream 6-20-00 / 3:00AM

I dreamed tha a bus fell off of a cliff and I was blamed for the deaths, but I was not responsible - a witch was...one that I could not see, but hear everywhere...finally I was chasing a vampire because I knew that he'd lead me to her, and he jumped but disapeared as the world rippled and he entered a parallel universe, so I finally got the guts up to jump in as well, but when i did, the air I tried to breathe in and the air was hot and tasted like blood, the world was more of a red tint, and the witch and vampire were facing me when I woke up.

Comments by Dreamer what does this mean?

----- DREAM dream-flow.v001.n342.3 -----

-

From: Anonymous
Subject: Aliens,
Date: Fri, 14 Jul 2000 10:51:33 -0700

Dream Title Aliens, ChevK
Date of Dream 1999/time-?

My dream started at home. One night, I was with several people, and we heard that there were aliens attacking. We ran down the street to a elementary school. As we ran through the grassy playground field, the ground became like lightening. It was that intense, streaking thru the grass and the up into the sky up to the spaceship. We just continued running, trying not to touch the lightening streaks in the grass. Shortly after that, I woke up.

Comments by Dreamer This was the most vibrant dream I have ever had. The lightening thru the grass and going up into the sky was spectacular.

Permission to Comment yes_share_comments

Permission Comments You have my permission to analyze this dream.

----- DREAM dream-flow.v001.n342.4 -----
-

From: Anonymous

Subject: What is she trying to tell me?

Date: Fri, 14 Jul 2000 10:52:48 -0700

Dream Title What is she trying to tell me?

Date of Dream around 4 am to 6-30 am 30-06-00 31-06-00,
1-7-00

My mother passed away in 1995. Immediately following her death I naturally dreamt of her quite often. Then the dreams stopped, and even when I wanted to dream of her I found I couldn't. Recently I have been dreaming of her again. She never speaks to me. I am always with her and my grandmother (still living). I feel sure she is trying to tell me something. I seem to go from feeling very depressed about everything to feeling extremely panicked about things. I'm not normally a "freaking out" kind of person, but this persistant dream and mum not speaking to me is getting the better of me.

----- DREAM dream-flow.v001.n342.5 -----
-

From: Anonymous

Subject: Teacher

Date: Fri, 14 Jul 2000 10:52:17 -0700

Dream Title Teacher by Liza

Date of Dream 7/8/2000 4:55 am

Last night i had a dream that me and my favorite teacher were having a relationship. Him and his wife were getting a divorce because he wanted to be with me. It was a very detailed dream with my close friends and people from school. People were telling us it was about time we were together and that they knew it would happen soon. Hes 28 and i am 18. I could always go to him for a problem. In the dream he would kiss me and tell me how happy he was.

A month ago I had a dream involving him and the relationship then was a secret. We had oral sexual contact in that one though.

Comments by Dreamer I looked up all of this in a dream book i have and came up with nothing. I really want to know what it means. I want to know why he is in my dreams.

----- DREAM dream-flow.v001.n342.6 -----
-

From: Anonymous

Subject: my feet

Date: Fri, 14 Jul 2000 10:53:19 -0700

Dream Title my feet

Date of Dream 06/29/00 at approximately 5:00am-7:00am

I was in the shower about to pumice my left foot. On the bottom of my foot was a hole 2 inches wide and 6 inches long. It didn't cover my whole foot, I still had my toes, heel and part of my arch (the hole took up most of my arch). Inside of my foot was empty, along the sides were layers of rocks (layered like you would see in the inside of a well)on the bottom of the hole was one layer of rocks which i tapped and I felt the tap on the top of my foot. This whole time I am feeling no pain. So I got out of the shower and called my doctor and he said that would explain the tightness I have been feeling in my foot. After I woke up and could not go back to sleep.

Comments by Dreamer I am deeply disgusted by holes in places where they shouldn't be and having a hole in my foot with the walls of the hole being layered rock gives me goosebumps.....please help!!!

----- DREAM dream-flow.v001.n342.7 -----

-

From: Anonymous
Subject: "Stranger"
Date: Fri, 14 Jul 2000 10:50:59 -0700

Dream Title "Stranger"

Kristin Spring
Date of Dream 7-12-2000

I was sitting in the mall then my mom came up an we walked to her car. In the parking lot I came across a man about my age who had a buzzed head. We were both dressed and wearing thin sweaters in shades of blue and we hugged. I had never seen this man before. We wrapped our arms around each other and would not let go. Finally we let go and got into our cars. Then I was taking a shower in my apartment I got out and wrapped a towel around myself and walked outside. when I was outside one of my neighbors said there was someone who I had to meet. She had me walk by his living room window. He lived in the apartment next to me. My apartment number was 8 and his was 9. It was the stranger. I ran into my apartment to get dressed. I put on a green and black horizontal stripped shirt and tight black pants. I did not like the way it looked so I quickly changed my shirt. I put on a brown and black horizontal stripped shirt. When I changed so did my body. All of a ! ! sudden I was extremely skinny. I now had Jennfer Aniston's body. The stranger came out of his apartment and we hugged until I woke up. I felt like if I let him go I would never see him again. It scared me and I did not know what else to do but hold on for dear life.

Comments by Dreamer I was suprised that this dream was so vivid. I could remember everything about the man. Today in my dance class I met the man in my dreams. He made eye contact with me and I knew that it was him. I would love an interpretation.

----- DREAM dream-flow.v001.n342.8 -----

-

From: Anonymous
Subject: sillyrabbit
Date: Fri, 14 Jul 2000 17:59:11 -0700

Dream Title sillyrabbit
Date of Dream 7/14/00

Actually, I am in the process of writing a book on dreams and I need to find people from all around the world that would be willing to submit their dreams for possible inclusion in this book. I have been interpreting dreams for over 10 years and have taught about them and lectured about them over that period of time.

Any help would be appreciated!!

my e-mail address, if you would like to submit is:
dlappin@unitec.net

Thank you!! Comments by Dreamer

Permission to Comment yes_share_comments Permission
Comments

----- END dream-flow.v001.n342 -----
----- BEGIN dream-flow.v001.n343 -----

- 001 - Anonymous - Velvet Suit
- 002 - Anonymous - How to Unsubscribe from the dream-flow
- 003 - Anonymous - Can't get rid of the gum
- 004 - Anonymous - scared

----- DREAM dream-flow.v001.n343.1 -----
-

From: Anonymous
Subject: Velvet Suit

Date: Sat, 15 Jul 2000 11:19:20 -0700

Dream Title Velvet Suit, Hendrix
Date of Dream 7/13/00 5:00 A.M.

I had a dream last night about my Ex-boyfriend or my friend for 3 1/2 years who, a year ago tamped with my feelings and told me that he broke up with his long-time girlfriend. In reality he didn't. After he said that I thought it was a go to start getting serious about him. We were together for just one week. I decided to quit the relationship, because I had a feeling that I was getting used. my feeling was right! He still had his girlfriend.

My dream was about him and I sitting on a velvet maroon couch. He had on a maroon velvet zoot suit, (the ones worn by musicians during the Big Band Era. We were not in a room, it felt more like a stage. As we sat on the couch he told me that he was sorry about what he did. That was the end of the dream.

Comments by Dreamer I want to know what this dream is about and how i should handle the situation of him coming into my life again, because he is starting to go to my church. Unfortunatly My church has only one singles congregation in my town, so I have know other place to go.

----- DREAM dream-flow.v001.n343.2 -----
-

----- DREAM dream-flow.v001.n343.3 -----
-

From: Anonymous
Subject: Can't get rid of the gum
Date: Sun, 16 Jul 2000 08:17:46 -0700

Dream Title Can't get rid of the gum
Date of Dream Several times a year

I dream that I am talking to or trying to talk to someone and I am chewing gum. The gum becomes so thick in my mouth. It won't come out no matter how much I pull it. It seems to get gooy. I can't get the gum out of my mouth

Comments by Dreamer Please help me with this one. I am very curious as to what this may mean.

Permission to Comment yes_share_comments
Permission Comments Please email me back a response at jagster_84@hotmail.com

----- DREAM dream-flow.v001.n343.4 -----

-

From: Anonymous
Subject: scared
Date: Sun, 16 Jul 2000 08:18:34 -0700

Dream Title scared
Date of Dream dont remember

ok i had this dream where i was sitting at home and someone called me and said somthing about i hope your mom doesnt die and i ran over to the window and looked out it and on the window on a tiny tiny little sticker it said you mom is already dead and i called my dad(he doesnt live with me) and i told him to drive over here and that i was scared and i heard a voice from the backroom saying i told u not to call ur dad and then he ran out and stabbed me with a sword
Comments by Dreamer

Permission to Comment yes_share_comments

----- END dream-flow.v001.n343 -----

----- BEGIN dream-flow.v001.n344 -----

- 001 - Anonymous - the round house
- 002 - Anonymous - Waves Dreamerheart
- 003 - Anonymous - my wedding
- 004 - Anonymous - Jail
- 005 - Anonymous - Ex-boyfriend

----- DREAM dream-flow.v001.n344.1 -----

-

From: Anonymous
Subject: the round house

Date: Mon, 17 Jul 2000 10:03:08 -0700

Dream Title LionPrincess
Date of Dream 5:30AM 7/17

i dreamed of this tall round house, built just for me...had tons of peoope over when it was finished...i heard a cracking over the voices, i was standing out side on a veranda of sorts with someothers..i yelled QUITE

i thought it was an earthquake..but no it was the building cracking some excaped , encluding me..others crashed down with the building...kinda like they were sliding...one person was killed(someone that used to wrok for me,whom i didnt really care for)it was like her body was cut in half..

THATS ALL I REMEMBER..

Comments by Dreamer NOT SURE OF THIS MEANING , BUT IT SURE STAYED WITH ME ALL MORNING...
Permission to Comment yes_share_comments
Permission Comments YES

----- DREAM dream-flow.v001.n344.2 -----
-

From: Anonymous
Subject: Waves Dreamerheart
Date: Mon, 17 Jul 2000 12:46:04 -0700

Dream Title Waves Dreamerheart
Date of Dream 07/15/00

The dream was that, I was sitting peacefully in a home that I had by the ocean. I went inside and when I looked out the window again, the sea was angry. Huge waves began tearing up the shore and soon water was in my house. I went outside and was instantly on a different beach that was calm and warm. I sat on the shore so that waves swriled gently around me. Soon the waves were getting larger and the harder I tried to scramble up to the sand, the harder it became. I couldn't stand up and the water was getting higher. I was dragged under and I drowned. Later that night, after I woke up in a cold sweat, I had one more

vived dream that I was sitting calmly at the beach when suddenly a huge tidal wave was towering over me. It hit me with such force that my body jolted awake. I keep having these dreams, over and over agian for a long long time and I can't understand why they keep happening. I am only sixteen and I don't understand why I feel so hel! ! pless and frightened in the shadow of these enormouse waves.
Comments by Dreamer

Permission to Comment yes_share_comments Permission
Comments

----- DREAM dream-flow.v001.n344.3 -----

-

From: Anonymous
Subject: my wedding
Date: Mon, 17 Jul 2000 13:22:32 -0700

Dream Title my wedding
Date of Dream 7-16 at night

i had a dream last night that i was planning my wedding. nothing was going the way i wanted and no one was there helping me. finally the day came for my wedding and i had the wrong dress, no flowers, and i was in the wrong church. i walked down the isle by myself and my boyfriend mark wasn't at the alter waiting. i smiled at my guests trying to be patient, then our bmw z3 car pulled down the isle and mark was driving it. there was a girl in the car with him and he got out and she drove away in our car. as he walked towards me i saw that he was wearing a dress and laughing.

Comments by Dreamer please help me figure out what this means i awoke very disturbed by this. thank you.
Permission to Comment yes_share_comments
Permission Comments please email me an interpretation back at nsaddlemire@hotmail.com

----- DREAM dream-flow.v001.n344.4 -----

-

From: Anonymous
Subject: Jail

Date: Mon, 17 Jul 2000 16:49:00 -0700

Dream Title Jail
Date of Dream 7/14/00 7am

I had a dream my boyfriend went to jail

Comments by Dreamer I'm scared it's true
Permission to Comment yes_share_comments

----- DREAM dream-flow.v001.n344.5 -----
-

From: Anonymous
Subject: Ex-boyfriend
Date: Tue, 18 Jul 2000 09:11:39 -0700

Dream Title Ex-boyfriend - Alexis
Date of Dream July 18, 2000 - midnight

I was on a date. I wasn't sure if I really liked the guy I was with. We walked out to his car which was covered in snow. His car was silver. Inside it was very clean and smelled new. As we were pulling out of the parking lot, I looked at the man I was with and thought "Wow, I do really like this guy. We are perfect for each other." We drove by a furniture store. Inside the store my ex-boyfriend (AS) was helping Lisa (woman he dated after me) move a couch. They were both wearing brightly colored overalls with a checkered shirt underneath. I remember being surprised to see him wearing those clothes. I looked over at the man I was with and he was wearing the same outfit.

Comments by Dreamer I broke up with AS almost one year ago because he was not capable of giving me what I deserved. We are 'kind of' back together now, however it is not a serious relationship.

----- END dream-flow.v001.n344 -----
----- BEGIN dream-flow.v001.n345 -----

- 001 - Anonymous - earth shaker
- 002 - Heratheta - Re: Digest dream-flow.v001.n344
- 003 - Anonymous - kidnapped by a dead person
- 004 - Anonymous - Strange Vacation

----- DREAM dream-flow.v001.n345.1 -----

DATE : 18 july 2000 10:39

DREAM : earth shaker stan kulikowski ii
<stankuli@pcola.gulf.net> (

Stan requests that his name be kept with this dream -)

=(last night, tuesday early AM, i got in driving back from massachusetts at 02:54. my mother was in her room reading and i got her up while i unpacked my car of the easy things. figure i will dismount the motorcycle from its trailer tomorrow and clean the car. i had left my friends in massachusetts around 17:00 on sunday and got home 1500 miles later, pretty much driving straight through and sleeping only when needed, about six hours total for the trip. i had been gone for a little more than two weeks on vacation and visiting friends up north. i got to sleep around 04:15 which is pretty normal time for me.)=

the cultural gardens of kyobi, japan are a place of artwork and goodwill. i am there for a few weeks on an exchange program, arranged by my university. the gardens are actually set up in a courtyard outside the main building. many statues from various times of japanese history and representing styles of art have been arranged area in front. paintings and other works of less durable nature are inside.

i am outside in this garden of artwork to watch my friend, fiat yokohama, work out with his kendo sword. with me is michelle littlefield who is walking around looking at the various statues. her mother has taught her to appreciate the finer aspects of sculpture. michelle is a cute little blonde girl, aged about eight years, sent over here by her parents to be with me on her school vacation. after a while fiat gets tired of his sword passes, looking more like a slow moving ritual than a manual of arms. when takes off his helmet, his face is clearly covered with sweat.

seeing that he is finished for now his exercises, michelle goes over to fiat. he begins explaining to her the philosophy behind the practice of kendo and the harmony of the universe.

"all things have structure." he begins. "no matter how big or how small an object is, there are lines of force that holds them together. for the warrior, intent on destroying or protecting a thing, it is a matter of finding those lines of balance and applying a small force to just the right place where the lines converge. everything has at least one of those center points and then our task is to learn how to locate and use them."

he goes on into more details with her, but i do not listen. i am more interested in some of the details of the sculptures as i wander through them. after a little while, i hear michelle say, "can i try?"

"yes, why not?" replies fiat. "but do not expect too much at first. you must be patient and learn."

so michelle walks away looking at the various statues. soon she selects a giant replica of the god, rikaiyu, a towering work of stone and inlaid metal. rikaiyu looks like a cross between a man and lizard, frightening face and arms upraised in menace. "i do not like you so much." michelle tells the statue as she gently puts her hand upon its leg.

michelle begins to push on the spot of the leg, usually with a gentle pressure but in sequence with some complicated rhythm. the significance of this pattern of pats and pushes does not seem any reason except to her. sometimes a slap or even a punch; others a mere caress. the rhythm of her handwork defies adequate description. soon i can see that the statue itself, maybe five meters tall towering above her, begins to shake and vibrate. still she finds just the right tempo to add a little more pressure in its shaking. finally parts of the demon begin to crack and fall off, and suddenly it splits down the middle with a loud crack.

"cool." she says. fiat and i look at each other in amazement.

michelle then goes over the edge of the building of the cultural center. she puts her hand out to touch the concrete corner. again she starts applying the little pushes in a faster pattern this time to the place she has selected. the building is about five stories high, a collection of glass and metal and brickwork. i think surely this is too large, but pretty quickly the frame begins to

shake and groan as if in a local earthquake. michelle has wrinkled her forehead in concentration on the sequence of vibrations to know just when to add one more push. suddenly the whole brick wall of the first floor gives way in rush beside her.

"michelle!" fiat and i cry in alarm, but she is unhurt. the avalanche of brickwork fell out just beside her.

still thinking about the possibilities of her new discovery, she walks a little way out into an open area of the courtyard. then she kneels down and slaps her hand against the pavement on the ground. she starts to perform a big pattern of forces on the earth itself. "michelle, no!" i yell over to her, sounding just like her parents. she shrugs and stops. i did not want turkey or thailand just falling off into the sea.

by now people have come swarming out of the cultural building, thinking there must have been a major earthquake. most of the people inside have been trapped upstairs by the collapsed central stairway. i think that i had better get in touch with the authorities at my university to warn them of this event as soon as possible. i dig through the knapsack i have been carrying for the address of the attache which i am to contact in case of emergency. i think this certainly qualifies.

when i find the piece of paper with his international telephone number on it, i realize there is a problem. all of the satellite communication equipment is on the second floor of the building which is now unreachable because of the collapsed stairs.

"what about the transmogrifier?" i ask fiat. "do you think you can operate it?"

"i think so." he answers. we go together over to an equipment store room, now opening into the courtyard since its wall went down with the falling brickwork. the transmogrifier is another piece of experimental technology that we were only to use under extreme circumstance.

in one of the boxes on a table i locate some brass cylinders and a complex crystal prism. ah, these are parts of the device. fiat takes them from as quickly assembles them with a few other parts.

"here goes." he switches on a knob in the side and points it at me. there is a small hum and a beam of light comes out from crystal. but when the beam hits my chest, nothing happens.

"darn. does not work." i say.

"no." fiat tells me. "i do not think this works the way you expect to."

with the light beam still on my chest, the device sprouts a tentacle of quicksilver ectoplasm. this shiny, irregular extrusion snakes around in the air several times before finally coming around to touch me in the spot where the beam of light has marked.

a white glow covers my whole body and i feel my consciousness separate from the matter which comprises myself. in a flash i find myself in the communication room up on the isolated second floor. my appearance there has a white translucent quality. i can touch and feel things, but i know that my actual body is back with fiat as long as he keeps the transmogrifier connected to me. i am in a sort of projection emitted by the device. there is a long thin, elastic tendril of silver that extends away from me, keeping me in connection i assume.

"we need to set up a scrambled conference call to the university in the united states." i tell the startled the japanese technicians in the telecomm room. their english is pretty good, so they understand what needs to be done once they get accustomed to my appearance.

soon the teleconference is established. "hello, are you there?" i hear the voice of the provost, a man i hardly know.

"yes." i reply looking at the video monitor on the wall. "i see the university lawyer is there with you. is sheigeiko honda there too? she needs to hear this." sheigeiko is the coordinator of the japanese exchange program.

"yes, i am here." i hear her voice then she steps in front of the camera so i can see her.

"the situation is this. my girl friend, michelle, has discovered how to use a harmonic resonance which has the ability to destroy entire buildings at least. maybe she can do much more as she was inclined to experiment with moving the entire earth. if anyone can do this, and all eight year old children find out that this can be done, it will probably mean the end of civilization as we know it. every structure can be brought down by anybody who fancies to do it. on the other hand, if only michelle can do this, then some kind of monitor or protective service will need to be set up to secure her and establish a control on her powers. if only some people can sense the confluence of structure supports and how to use them, then we need to ascertain who they are and how to identify who needs containment for the safety of everyone. perhaps only eight year olds can do this. that is a disturbing thought."

"how many people know about this?" this new provost is not very bright it seems.

"michelle, fiat and myself. the technicians in this room and yourselves. but if this has been figured out once, then it will be again and perhaps in less controllable circumstances. eliminating the sources of information does not solve the problem."

a technician from the states side pokes in. "how long have you been using the transmogrifier? it has not been tested for more than a few seconds and was not intended for long term use."

i notice that the silver umbilical line from my projected body has dissolved only a few meters away from me, waving listlessly in the etheric currents. i may be trapped forever in this ghost body if i can not get back to my corpse just outside the building. distance and direction in the astral plane are not relevant to normal dimensions. will have to solve that problem when we get to it.

=(i awake here at 10:15. michelle is the little girl i was visiting with her family in massachusetts until two days ago. sheigeko honda is the director of the japanese exchange program at my university. all other persons in this dream are unknown to me. the demon, rikaiyu, had appeared in another dream a long time back. this was a votive statue to him, not the actual being.)=

stankuli@gulf.net

----- DREAM dream-flow.v001.n345.2 -----

-

From: Heratheta
Subject: Re: Digest dream-flow.v001.n344
Date: Tue, 18 Jul 2000 22:22:53 EDT

peace until the next dream had lain to the right of the word following the number if the second word had not been enacted

1 house tall 2 home had 3 plan nothing 4 jail scary
5 date uncertainty

----- DREAM dream-flow.v001.n345.3 -----

-

From: Anonymous
Subject: kidnapped by a dead person
Date: Wed, 19 Jul 2000 09:07:09 -0700

Dream Title kidnapped by a dead person; grace
Date of Dream 07/18/00 3:30 am

I was kidnapped by an ex boyfriend and it doesn't seem like we really did anything but hide and maybe he stole. He was not unpleasant, actually very loving, he had no intention of letting me go. I said to him, "I thought you were dead." He replied, "It was a cover up so I would not have to go to jail anymore." It seems like we went all over the place, always on foot. His hair was a little sweaty. I kissed him only once. The dream went on forever it seems with us hiding out and running all over the place. It seems we were trying to go somewhere specific, but I don't know where and I woke up before we got there. I also became a willing participant after he kidnapped me, but I had some kind of strange fear throughout the whole ordeal. We did a lot of climbing and crawling too.

Comments by Dreamer The guy in my dream died almost 2 years ago, he was my first love. I have not spoken with him in 9 years. He became a petty thief and was in and out of jail over the last few years of his life. I have never dreamed of him, but I seem to dream of and have conversations with dead people in my dreams. I do not

understand this. They are always the most detailed dreams I have and I always remember them.
Permission to Comment yes_share_comments

----- DREAM dream-flow.v001.n345.4 -----

-
From: Anonymous
Subject: Strange Vacation
Date: Wed, 19 Jul 2000 13:47:24 -0700

Dream Title Strange Vacation, by Alli
Date of Dream 5/20/00

It started out that Dave was in this play with the bitchy girl. (Who, I think, was a spin-off in my mind of Maxine from Being John Malcavich which I saw the night before.) Of course Dave was being too friendly with the bitchy girl, and that angered me. But it didn't last long, and the next part of the dream had to do with Ashley and I eating breakfast at some restaurant (I think we were all at a fancy campground.) and Dave was walking around. The next thing I remember was that I was standing between Dave and Billy against this wall, and his parents were saying how it would be great if I went up to the pool with Dave and Billy. After that, I woke up.

Comments by Dreamer Dave--my current romantic interest
Billy--Dave's older brother, whom I've seen, heard, and admired, but never met. Ashley--one of my best friends.

----- END dream-flow.v001.n345 -----

----- END DREAM SECTION -----

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