



MISS E – EXERCISE

I feel extremely weak,
Poor little me, Miss E.
Too weak to work or speak,
Poor little me, Miss E.

I've got to exercise, exercise, exercise;
Jiggle my toes.
E, e, exercise;
Wiggle my nose.
Will you help me exercise, everybody?
Wiggle your nose, and jiggle your toes.

I've got to exercise, exercise, exercise;
Twist my lips.
E, e, exercise;
Turn my hips.
Everybody, twist your lips and turn your hips.

I'm getting stronger now;
I'll be a new Miss E.
Now that I'm learning how,
You'll see a new Miss E.

I always exercise, exercise, exercise;
Reach up high.
E, e, exercise.
Reach the sky.
Everybody, reach up high, reach the sky, stretch!

I've got to exercise, exercise, exercise;
Jump up and down.
E, e, exercise.
Spin around.
Jump up and down, everybody, and spin around.

I feel extremely good.
Look out for me, Miss E.
Strong as a person should,
Here comes the real Miss E.

Because I exercise, exercise, exercise
When I'm alone,
E, e, exercise
My funny bone.
Everybody, do you know where your funny bone is?
It's your elbow.

I've got to exercise, exercise, exercise.
Day and night.
E, e, exercise, exercise, exactly right;
E, e, exercise, exercise, exercise.
E, e, exercise, exercise, exercise.