

Peace Deck Overview & Instructions

The Peace Deck offers 4 distinct sets of cards, in 4 colors. You can choose the colors for your cards. We used: 1. blue-gray, 2. ivory, 3. green, 4. Salmon. Each set (and color) represents a Peace Deck goal:

1. quotes to help inspire and deepen discipleship;
2. leadership and action ideas, reminders, and links;
3. encouragement & insight to help address difficulties;
4. tools to define & take on goals, next steps, barriers.

The deck's open format lends itself to creative use and its breadth offers insight on a wide range of concerns.

Explore – Many quotes will be new, offering fresh ways of seeing our calling. You may find familiar texts resonate in unexpected ways. Pick a card of each color to read and reflect on several times a day.

Focus – Identify insights or themes you find especially meaningful or encouraging. Notice cards that offer help or inspiration on particular concerns. Carry them around in a sleeve to re-read and reflect on throughout the day.

Set Goals – Use what touches you to encourage your growth and development in discipleship. Lined cards can help you identify and pursue specific goals & next steps.

Experiment – Talk regularly with someone for mutual encouragement about *Shalom* practice (listening more than advising). Use with practices such as *lectio divina*

Copying – Print each pair of the 4 sets of cards back to back, tops of sheets together. Each is then cut into 16 cards for the deck. The sheet of sleeves is printed back to back to organize and carry around the cards (each is cut a bit larger than the rectangle, then folded).

Using the Peace Deck. One powerful method is to focus on just one card of each color at a time, reading and reflecting on them throughout the day. Gradually identify ones that support your next steps in growth.

Begin with a time of silence, letting go of tensions or issues, becoming more centered, more present. **Read** a few cards, pausing to allow their insights to engage you. **Notice** what resonates... what gets in your way or feels challenging... what "speaks" to you. **Think** of ways you might act on what you discovered. **Write down** 1 or more goals + next steps for yourself, using the lined cards (3 are blank for additional goals).

To ask a question, comment on the Deck, or offer a quote or suggestion, email Glen at ggersmehl@hotmail.com

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Experiment – Talk regularly with someone for mutual encouragement about *Shalom* practice (listening more than advising). Use with practices such as *lectio divina*

Copying – Each pair of the 8 sides of cards is printed back to back to make the four sets of cards – each of which is then cut into 16 cards for the deck. The sheet of sleeves is printed back to back to create 4 sleeves (each is cut a bit larger than the rectangle, then folded).

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