### Thought 24

Wow! We are really on to something! Let's stay in this and continue to fast from wrong thinking and feast on right thinking. Remember, right thinking produces right living!

Today, we are fasting from the thought that says:

### "You just never know what the future hold."

Thoughts that go with this: "You never know what's going to happen. You can't control what happens in your life. There's not much I can do about it."

Too many of us acquiesce our power and authority to do something about our situation, because we think it's all up to God or the future is already destined. And while it's true, that we can't control everything that happens in the world, we can control what happens in our lives.

# Sow a thought, reap an action. Sow an action, reap a habit. Sow a habit, reap your character. Sow character, reap your destiny!

We have the power to create the future we desire.

Let's change our thinking. Let's replace the thought that "you never know what the future holds," with "I hold the future in my hands (based on the seeds I sow.)"

#### 1. Believe what God said.

Jeremiah 29:11 says, "I know the thoughts I have for you—for good and not evil—to give you a FUTURE and a HOPE." God's future for us is good. Expect it.

### 2. Your life is a garden.

In Genesis 2:7 God put man in the garden. But in Luke 17:21 God put the garden IN MAN. Jesus said, "The Kingdom of God is within you." In Mark 4:13-20 Jesus said, the soil of the kingdom of God is in our hearts.

### 3. We determine our future by the seed we sow.

Galatians 6:7 says, "Don't be deceived. Whatever a man sows, is exactly what he will reap." I'm talking about sowing the SEED OF GOD'S WORD. The Word is the seed. Promises from God's Word contain the power to come to pass, when planted in the fertile soil of our heart.

## 4. You have the power and permission from God to grow whatever kind of life you want.

Proverbs 4:18 says, "Watch over your heart with all diligence, for from it flow the issues of life."

## 5. Realize you are in control of the things that can choke out your desired harvest.

Mark 4:17-20 says there are 3 things that can choke out the harvest of God's Word in your life: the desires for other things, the deceitfulness of riches, and worry (which we dealt with on day 5 of our FAST FROM WRONG THINKING.)

### 6. Desire God's promises in your life.

2 Corinthians 1:20 says, "All the promises of God are yes, in Him..." Sow the seed of God's promises in your life. The answer is yes!

### 7. Meditate on the power God has given you.

God has given you the Power to choose (Deut. 30:15); the Power of your seed (Galatians 6:7); the Power of your tongue (Proverbs 18:21); the Power of the Holy Spirit (Acts 1:8, John 16:13)

#### THINK IT & SAY IT

I accept in my heart and mind that God has a good future in store for me. But he has given me the stewardship over the garden of my heart. I will watch what goes into my heart through my eyes, ears and mouth.

I determine my own future by the seeds I sow. The Word of God contains the seeds of God's promises, that God has given me permission and power to sow into my heart. The promises of God are 'yes'. They will come to pass, as I plant them in my heart, and guard my heart from worry, deceitfulness of riches and the desires for other things.

I don't need to desire other things, since there are so many promises of God to feast on. I recognize and think on the power that God has given me. The power of choice. The power of my seed. The power of my tongue. And the power of the Holy Spirit.

In His Destiny,

Steven Stafford

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