

A CASE PRESENTATION AND DISCUSSION ON HEAD AND NECK TRAUMA

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General Data:

B.R.

64 year old

Tondo Manila

Male



Chief Complaint: Stab wound



History of Present Illness

30 minutes PTC → patient was involved in a brawl and was allegedly stabbed in the neck

Consult

→ at the E.R.: hematemesis

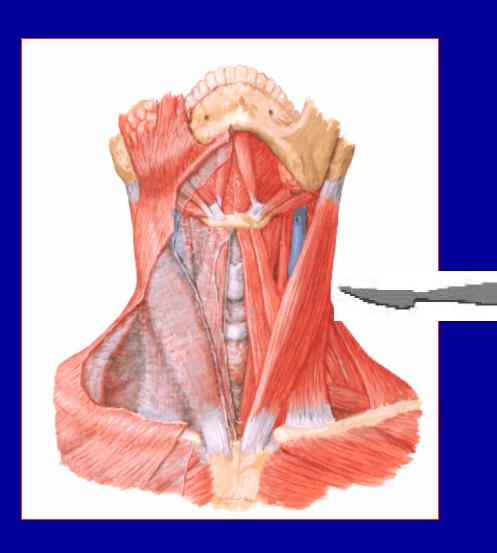
- General Survey:
 - Conscious, coherent, in distress

Vital Signs

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BP = 80/50 CR = 97 RR = 24
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$$RR = 24$$





- Stab wound
- Approx. 2 cms
- Lateral Neck, Left
- (+) air bubbling



Chest:

 Symmetrical chest expansion, no retractions, clear breath sounds

Cardiac:

Normal rate, regualr rhythm, murmur



- Abdomen:
 - Flat, soft, nontender, no mass

- Extremities:
 - Full and equal pulses, no deformities



Salient Features

- 64 y/o
- Male
- Stabwound, neck
- Hypotension
- Air bubbling
- Hematemesis



STAB WOUND, NECK

PENETRATING NECK INJURY



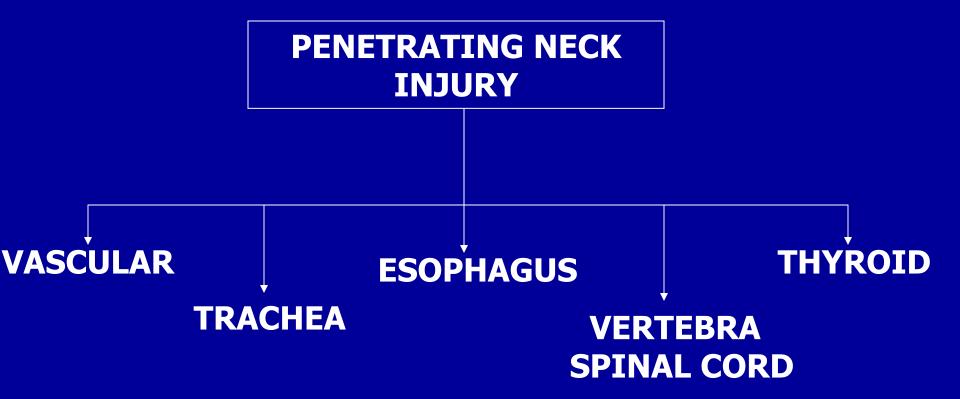
STAB WOUND, NECK

PENETRATING NECK INJURY

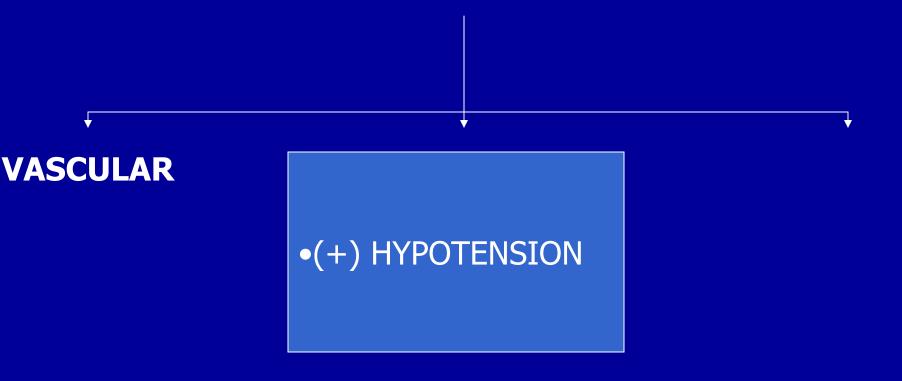
NON PENETRATING NECK INJURY

(+) AIR BUBBLING THROUGH WOUND





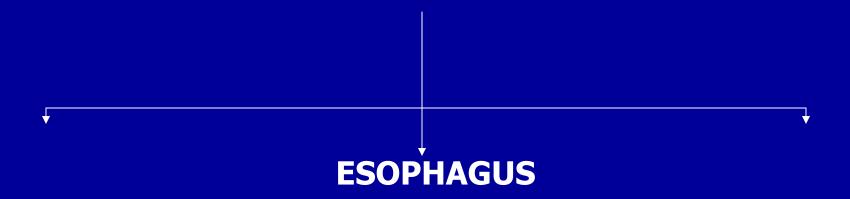










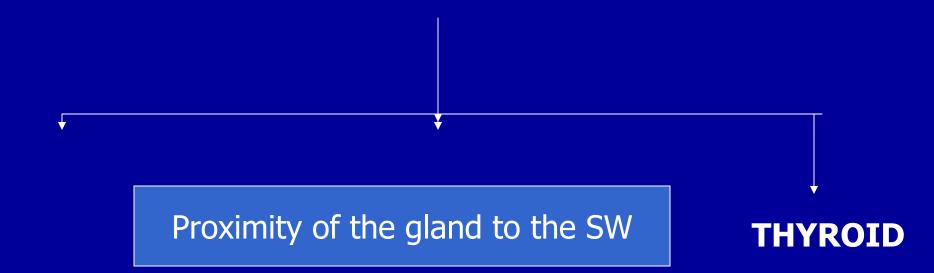


- (-) subcutaneous emphysema
- (-) pain on swallowing
- (+) hematemesis
- proximity to the trajectory of the wound











Pre Treatment Diagnosis

	Diagnosis	Certainty
Primary	PENETRATING NECK INJURY ZONE 2 SECONDARY TO STABWOUND WITH PROBABLE TRACHEAL INJURY and VASCULAR INJURY	90%
Secondary	PENETRATING NECK INJURY ZONE 2 SECONDARY TO STABWOUND WITH PROBABLE TRACHEAL INJURY without VASCULAR INJURY	10%



Paraclinical Diagnostic Procedure

 Do I need to perform a paraclinical diagnostic procedure?

"NO"

- Certain of diagnosis
 - Unstable patient

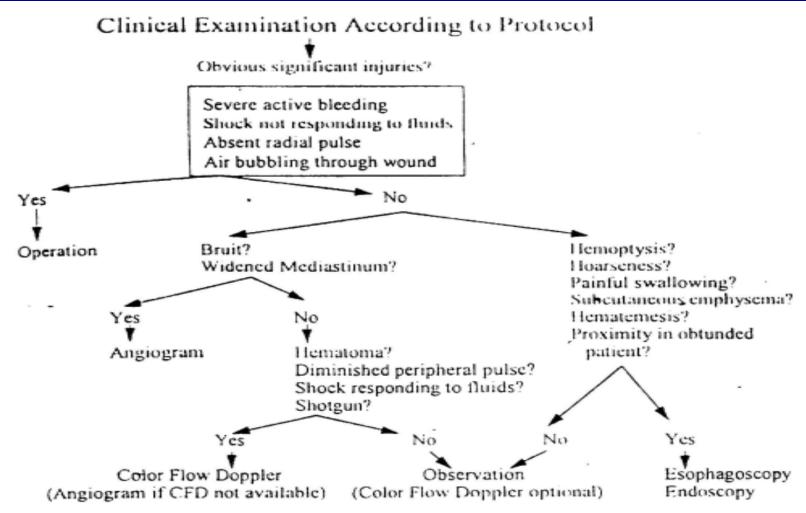


GOALS OF TREATMENT

- Resolve bleeding
- Resolve air leak



TREATMENT OPTIONS





PRE OPERATIVE PREPARATION

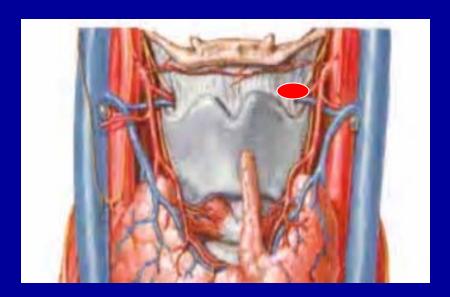
- Informed consent for immediate operation
- Psychosocial support
- Optimize patient's condition
- Screen for any condition that will interfere with treatment
- Prepare OR materials/blood
- Preoperative antibiotics started



- Patient supine under GETA
- Asepsis and antisepsis
- Sterile drapes placed
- Incision done over the anterior edge of the left sternoclaedomastoid muscle
- Skin flaps created
- SCM retracted laterally
- Strap muscles over stab wound transected



- Intra operative findings:
 - 2 cm perforation at the left laryngopharyngeal area just above the thyroid cartilage, near the epiglottis
 - venous bleeder 3mmbeneath the strapmuscles





	BENEFIT	RISK	COST	AVAILABILITY
Primary repair without Tracheostomy	Controls air leak with no stoma High success rate for non complicated injury	Anastomotic leak Airway obstruction	+	Available
Primary repair with Tracheostomy	Controls air leak Assures airway patency and good mucus clearance postoperatively	Risk associated with tracheostomy and tracheostomy care	+ * Additional cost of the tracheostomy set	Available



- Primary repair done
- Hemostasis
- Correct sponge and instrument count
- Layer by layer closure with placement of drain
- DSD



Operation Done

- Neck exploration
- Primary repair , laryngopharyngeal injury
- Ligation of bleeder



POST OPERATIVE MANAGEMENT

- DAT when fully awake
- Adequate analgesia
 - » Mefenamic Acid 500 mg/tab 1 tab every 8 hours for pain in full stomach
- Adequate hydration
- Early ambulation
- Daily wound care
- 1st POD- 2nd POD-
- Follow-up on out-patient basis after 1 week
- To come back any time if with problems regarding the operation



FINAL DIAGNOSIS

 PENETRATING NECK INJURY ZONE 2 SECONDARY TO STABWOUND WITH LARYNGOPHARYNGEAL INJURY



PREVENTION AND HEALTH PROMOTION

- Advise given to patient regarding
 - Possible complications
 - Proper wound care
 - OPD follow up



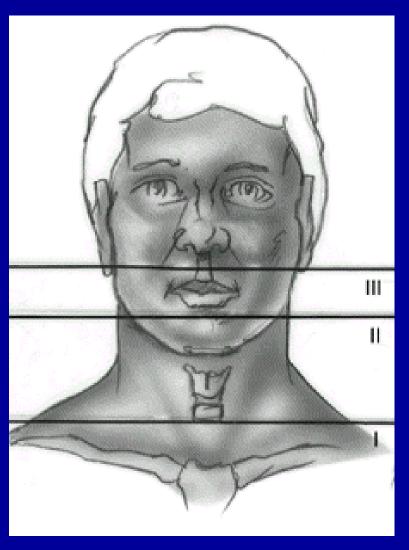
DISCUSSION



ETIOLOGY

- missile injuries from firearms
- stab injuries
- Blast injuries with penetrating bomb and mortar fragments (less common)
- Accidental (falls on sharp objects)
- Motor vehicle accidents





Zones of the Neck:

- ZONE I → from cricoid cartilage to the clavicle
- ZONE II → from angle of the mandible to the cricoid cartilage
- ZONE III → above the angle of the mandible to the base of the skull

Zone 1

- includes the thoracic inlet
- subclavian artery and vein
- jugular vein
- common carotid artery
- Esophagus
- Thyroid
- trachea.

Zone 2

- common carotid artery
- internal and external carotid arteries
- jugular vein
- Larynx
- Hypopharynx
- cranial nerves X, XI, and XII.

Zone 3

- internal and external carotid arteries
- jugular vein
- lateral pharynx
- cranial nerves VII, IX, X, XI, XII.



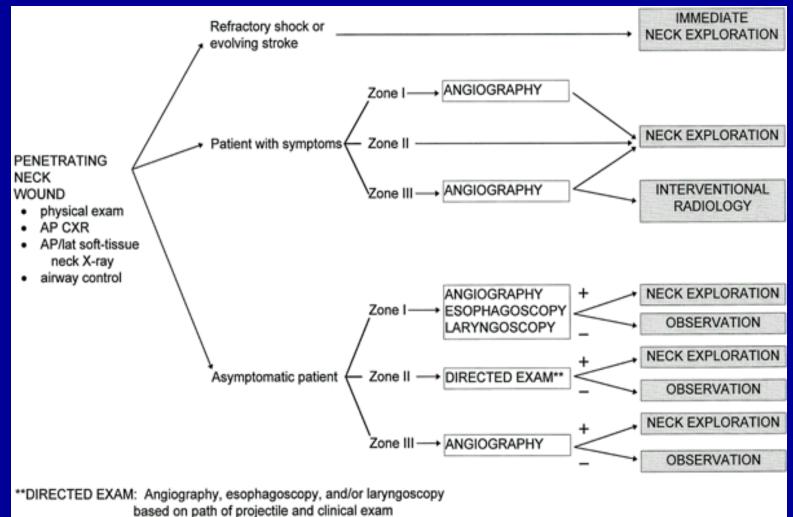


FIG. 73-9. Algorithm for the initial management of patients with penetrating injuries to the neck. (Modified from ref. 14, with permission.)



Complications

- Bleeding
- Mediastinitis (most significant acute)
- Infection
- Nerve injury (may present late)
- Formation of fistula



- current mortality rate for penetrating neck injury is 3-6%,
- 50% of deaths caused by vascular injuries
 - cause complications in 40% of cases
 - 10% of patients: injury to the carotid artery
- Aerodigestive tract injuries: 23-30%
- Esophageal injuries associated with mortality rates of 11-17%.



References

- Brett Siegrist, MD, and Glen Steeb, MD, Trauma Program, Charity Hospital of Louisiana, New Orleans, La Penetrating Neck Injuries South Med J 93(6):, 2000.
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- H.J.Hammawa, S.G. Marshall, E.Ghareeb and W. Holmes, Unusual Penetrating Metal Fragment Injury ti the Neck
- Hersam G, Barker P, Bowley DM, Boffard KD. The management of penetrating Neck injuries. Int Surg 2001 Apr-Jun;86(2).
- LeBoeuf H.J.; Penetrating Neck Trauma, Dept. of Otolaryngology, UTMB, Grand Rounds Presentation 1999



MCQ #1

The current mortality rate for penetrating neck injury is.

- a. 1-2%
- b. 3-6%
- c. 7-10%
- d. 11-15%



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MCQ #2

The most significant acute complication that the clinician should watch out for in cases of penetrating neck injuries is:

- a. Mediastinitis
- b. Bleeding
- c. Infection
- d. Wound dehiscence



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MCR #3

(a = 1,2,3; b = 1,3; c = 2,4; d = 4 only; e = all)

Zone 3 of the neck contains the following structures:

- 1. Internal and external carotid arteries
- 2. Jugular vein
- 3. Lateral pharynx
- 4. Cranial nerves VII, IX, X, XI, XII.



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MCR #4

(a = 1,2,3; b = 1,3; c = 2,4; d = 4 only; e = all)

The indications for exploration of a penetrating neck injury include:

- 1. Unstable patient
- 2. Zone 1, symptomatic patient
- 3. Zone 2, symptomatic patient
- 4. Zone 3, symptomatic patient



MCR #4

(a = 1,2,3; b = 1,3; c = 2,4;d = 4 only; e = all)

The indications for exploration of a penetrating neck injury include:

- 1. Unstable patient
- 2. Zone 1, symptomatic patient
- 3. Zone 2, symptomatic patient
- 4. Zone 3, symptomatic patient

MCR #5 (a = 1,2,3; b = 1,3; c = 2,4;d = 4 only; e = all)

The most common causes of penetrating neck injuries are:

- 1. Firearms
- 2. Motor vehicle accidents
- 3. Stab
- 4. shrapnels

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