

Nebraska SA and S-ANON Intergroup Retreat

The Circle & Triangle

The Circle stands for the whole world of SA & S-ANON while the Triangle stands for the three legacies, Recovery, Unity and Service.

Sat. & Sun. August 9-10, 2008
Saint Benedict Retreat Center

North of Schuyler, NE, <http://www.stbenedictcenter.com>



SCHEDULE – Saturday, Aug. 9 (tentative)

- 8:00-9:30 a.m. Registration
- 9:30 - 9:45 Welcome & Introductions
- 9:45 - 11:45 Speakers, Jim & Libby M. from Asheville, NC, SA & S-ANON members talking on RECOVERY, their stories and relationships.
- Noon - 1:00 Lunch (the Center has great food)
- 1:15-2:15 p.m. Jim with SAs & Libby with S-ANONs on the importance of the Steps.
- 2:30 - 3:30 Breakout Sessions for SA, S-ANON & Newcomers, on the Importance of the 12 Steps.
- 3:45 - 4:45 Jim & Libby on SERVICE.
- 5:00 - 6:00 Breakout Sessions for SA, S-ANON & Couples, service & sponsorship.

Saturday (continued)

- 6:15-7:15 p.m. Dinner
- 7:30 - 8:30 Jim & Libby on FELLOWSHIP
- 8:45 - (?) Who said sexual sobriety isn't fun?

Sunday, Aug. 10

- 7:00-7:30 a.m. Meditation suggestions with Jim E.
- 7:30 - 8:00 Breakfast
- 8:15 - 8:30 Welcome back & Announcements
- 8:30 - 9:30 Breakout Sessions for SA, S-ANON & Couples on The Promise and The Solution.
- 9:45 - 11:00 Jim & Libby on THE PROMISE of sober relationships in all aspects of our lives.
- 11:15 - 11:45 Nebraska Intergroup Business Mtg.
- Noon Adjourn

----- Retreat Registration -----

Detach, fill out and mail in by July 25, 2008

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-mail _____

SA Member _____ S-ANON _____

_____ Check if you're willing to share your name (last initial only) and contact info on attendees list.

COSTS including all meals

- \$80 for both days & single-occupancy room
- \$73 per person for double-occupancy room
- \$40 for those attending Saturday only

Add \$10 to each category after July 25, 2008.

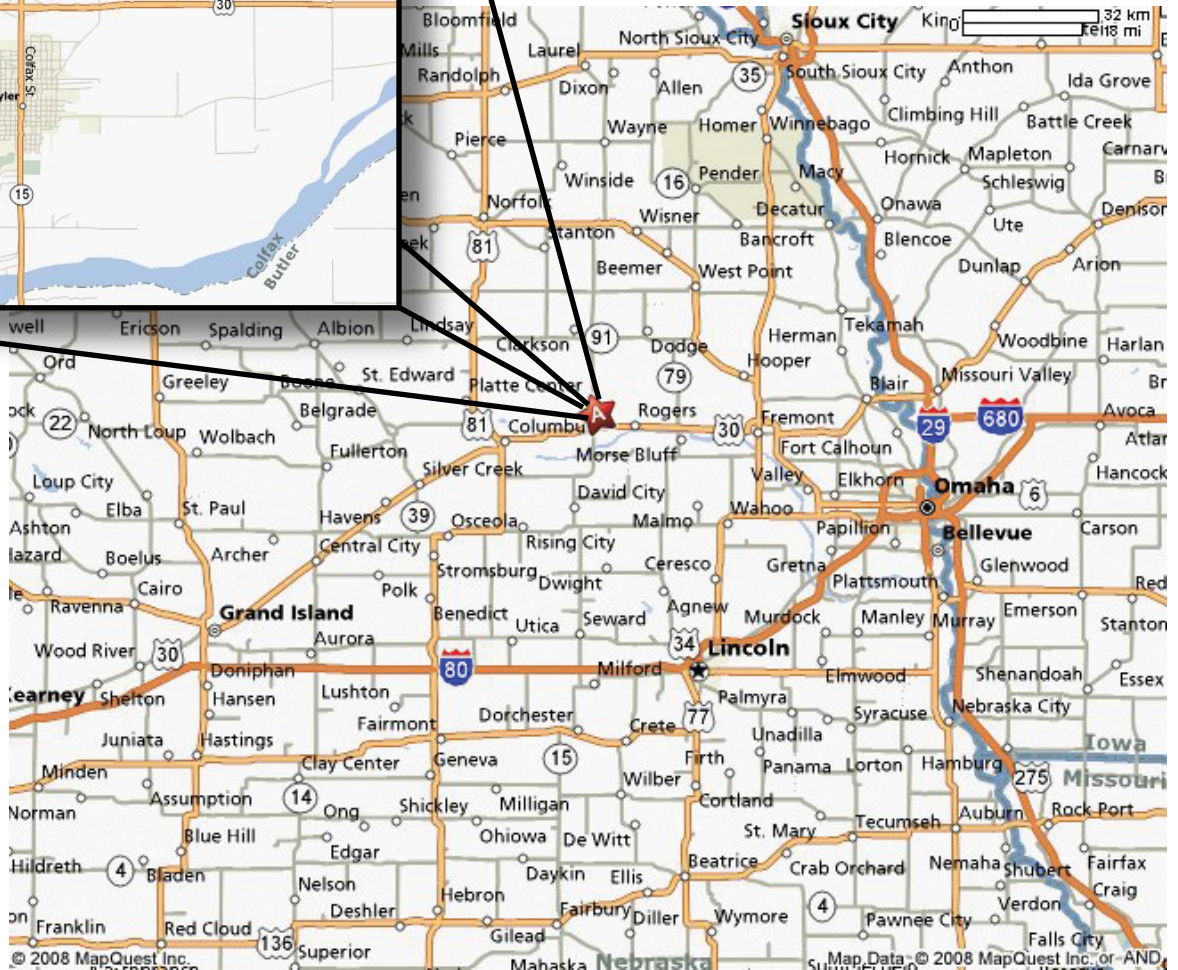
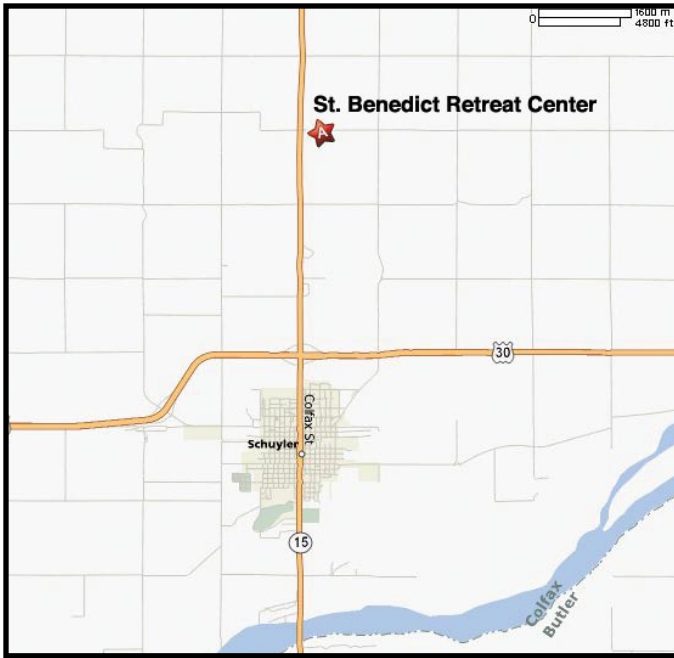
For more info. e-mail sanebraska@yahoo.com or call David D. at 402-570-2358.

For scholarship info. call Bill G. at 402-310-5014.

Make checks payable to SA Nebraska Intergroup
 Mail to SA Nebraska Intergroup – Retreat
 PO Box 30581
 Lincoln, NE 68503

Directions:

From Omaha, get to U.S.275, loop around Fremont, take U.S.30 to Schuyler, 3 miles north.
From Lincoln or South Central or West Nebraska take I-80 to Seward exit, north on NE 15 to Schuyler, 3 miles north.



SA Nebraska Intergroup – Retreat
PO Box 30581
Lincoln, NE 68503